

Blue Ridge Relay Leg Summary Chart						
Leg	Miles	Rating	Elevation + (ft)	Elevation - (ft)	Max Elev. (ft)	Min Elev. (ft)
1	3.9	Easy	21	1031	4919	3901
2	7.5	Hard	406	1539	3933	2774
3	5.2	Moderate	400	479	3107	2690
4	6.9	Hard	755	379	3125	2584
5	4.8	Moderate	404	325	3162	2912
6	6.7	Hard	968	989	3563	2987
7	2.3	Easy	186	151	3226	3095
8	3.1	Easy	327	378	3343	3061
9	4.6	Easy	186	401	3134	2904
10	5.3	Easy	315	166	3085	2918
11	8.4	Very Hard	680	551	3411	2959
12	6.1	Hard	661	547	3506	3139
13	9.3	Very Hard	978	719	3840	3205
14	6.2	Hard	532	539	3874	3451
15	10.5	Very Hard	1222	493	4311	3560
16	3.2	Easy	15	675	4286	3618
17	2.9	Easy	247	225	3871	3618
18	5.0	Moderate	570	379	3562	4071
19	5.8	Hard	31	966	3837	2869
20	4.5	Easy	151	243	2895	2763
21	7.3	Very Hard	953	863	3209	2710
22	2.6	Easy	24	363	2867	2494
23	6.6	Hard	684	376	2857	2484
24	4.0	Easy	171	536	2917	2436
25	4.3	Moderate	287	244	2492	2290
26	4.4	Moderate	503	572	2570	2187
27	9.1	Hard	371	474	2513	2071
28	8.0	Hard	627	255	2721	2332
29	7.0	Hard	340	350	2825	2602
30	4.4	Easy	205	43	2861	2680
31	6.5	MG Hard	1398	1	4263	2861
32	9.4	Very Hard	1	2073	4264	2185
33	5.3	MG Hard	895	664	3097	2188
34	4.5	Moderate	282	271	2431	2182
35	4.2	Hard	920	244	3363	2427
36	6.5	Very Hard	354	1268	3432	2182