

2017 Blue Ridge Relay
 Team Seeding and Start Times
 Friday, September 8, 2017
 Sorted by Seed

Seed	Team	Category	City	State	Runners	Seed Time	Start Time
1	Asheville Running Collective	Open	Asheville	NC	12	0:05:15	1:30 PM
2	Charlotte Running Club	Open	Charlotte	NC	12	0:05:18	1:30 PM
3	Carolina Godiva Masters	Master	Cary	NC	12	0:05:50	12:00 PM
4	JITFO-Ultra	Ultra	Charlotte	NC	4	0:06:00	10:00 AM
5	Foot Rx - Premature Acceleration	Ultra	Asheville	NC	6	0:06:00	11:30 AM
6	Stache & Dash	Mixed	Charlotte	NC	12	0:06:25	12:00 PM
7	Jus' Running Ultra Maggots	Ultra Mixed	Asheville	NC	6	0:06:30	11:30 AM
8	The Leather Presidents	Ultra	Charlotte	NC	6	0:06:30	11:30 AM
9	JITFO	Mixed	Charlotte	NC	12	0:06:30	12:00 PM
10	Norm's Maggots	Master	Asheville	NC	12	0:06:30	12:00 PM
11	F3 Free Range	Open	Charlotte	NC	9	0:06:34	11:30 AM
12	APOSTLES of badASSERY	Ultra	Wilmington	NC	4	0:06:45	6:00 AM
13	F3 Spruce Pine Ultimate Relay Team (F3 SPURT)	Open	Spruce Pine	NC	12	0:06:59	12:00 PM
14	Bravo	Ultra	Asheville	NC	3	0:07:00	9:00 AM
15	BGroup4Lyfe	Ultra	Asheville	NC	6	0:07:00	9:00 AM
16	F3 Goatbusters	Open	Huntersville	NC	9	0:07:10	11:30 AM
17	F3 Ridge Runners - Watch Your Six	Ultra	Harrisburg	NC	6	0:07:15	9:00 AM
18	F3 Got The Runs	Open	Charlotte	NC	9	0:07:15	11:30 AM
19	The Runs	Open	Charlotte	NC	12	0:07:20	11:30 AM
20	Mary Jane's Last Dance	Ultra	Greenville	NC	6	0:07:30	9:00 AM
21	Runners Fit	Ultra	Flowery Branch	GA	6	0:07:30	9:00 AM
22	F3 Dropped	Open	Charlotte	NC	9	0:07:30	10:30 AM
23	F3 Dashstrong	Open	Winston Salem	NC	12	0:07:30	11:30 AM
24	Rock Hill Striders	Open	Rock Hill	SC	12	0:07:30	11:30 AM
25	Team Alexander	Open	Wake Forest	NC	9	0:07:34	10:30 AM

26	F3 TBF	Ultra	Charlotte	NC	6	0:07:35	9:00 AM
27	Velocirunners	Ultra Women	Asheville	NC	6	0:07:35	9:00 AM
28	Leicester Highway Running Collective	Open	Charlotte	NC	12	0:07:35	11:00 AM
29	Awesomenai	Ultra Master	Charlotte	NC	6	0:07:45	9:00 AM
30	F3 Mercury's Minions	Open	Charlotte	NC	9	0:07:45	10:30 AM
31	No Dysentery On This Trail!	Open	Greenville	SC	9	0:07:45	10:30 AM
32	Let Me Run	Mixed Master	Charlotte	NC	12	0:07:45	10:30 AM
33	Move Your Grass	Open	Morristown	TN	12	0:07:48	11:00 AM
34	Buttermilquetoast - Extra Crispy	Open	Richmond	VA	12	0:07:50	11:00 AM
35	Buttermilquetoast - Original Recipe	Open	Richmond	VA	12	0:07:50	11:00 AM
36	High Point Pub Runners	Mixed	High Point	NC	12	0:07:51	10:30 AM
37	Your Turn Bro	Ultra	Charlotte	NC	5	0:07:55	9:00 AM
38	F3 Concord Big Swinging Six	Ultra	Concord	NC	6	0:07:55	9:00 AM
39	B. A. R. F.	Mixed	Boone	NC	12	0:07:55	10:30 AM
40	Gaulded Greensboro Gangstas (G3)	Open	Greensboro	NC	12	0:07:55	11:00 AM
41	Hickory Knuts	Open	Hickory	NC	12	0:07:55	11:00 AM
42	Beer Gutz and Coconutz	Ultra Mixed	Waxhaw	NC	6	0:08:00	9:00 AM
43	Mountain Lions - Ultra	Ultra	Salisbury	NC	6	0:08:00	9:00 AM
44	Providence Harriers	Ultra	Charlotte	NC	6	0:08:00	9:00 AM
45	Epoch Performance Therapy Racing	Mixed	Charlotte	NC	9	0:08:00	9:30 AM
46	Run and Runner	Open	Asheville	NC	9	0:08:00	9:30 AM
47	Scratch Ankle Athletic Club	Open	Candler	NC	9	0:08:00	9:30 AM
48	WTF3	Open	Charlotte	NC	9	0:08:00	9:30 AM
49	Agony of da Feet	Mixed	Chapel Hill	NC	12	0:08:00	10:30 AM
50	ARGH - GEE!	Open	Davidson	NC	12	0:08:00	11:00 AM
51	Bandwidth Blasters	Open	Raleigh	NC	12	0:08:00	11:00 AM
52	F3 GSO - Yonahlossee Rangers	Open	Greensboro	NC	12	0:08:00	11:00 AM
53	Republic Rockets	Open	Raleigh	NC	12	0:08:00	11:00 AM
54	Stange Blue	Open	Raleigh	NC	12	0:08:00	11:00 AM
55	Team Sha Nay Nay	Ultra	Dacula	GA	6	0:08:04	9:00 AM

56	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:07	10:30 AM
57	Dashingirates	Open	Statesville	NC	8	0:08:10	8:30 AM
58	F3 VI	Ultra	Charlotte	NC	6	0:08:15	9:00 AM
59	F3 Gingerbread Men	Open	Irmo	SC	9	0:08:15	9:30 AM
60	F3 Sofa Kings	Master	Charlotte	NC	9	0:08:15	9:30 AM
61	Lake Murray Goats	Open	Irmo	SC	9	0:08:15	9:30 AM
62	Sleeper Car	Open	Raleigh	NC	9	0:08:15	9:30 AM
63	WIRDAFUGARWI	Open	Raleigh	NC	9	0:08:15	9:30 AM
64	Run On Sentences	Mixed	Washington DC		11	0:08:15	10:00 AM
65	F3 Lexington - The Dirty Dozen	Open	Lexington	SC	12	0:08:15	10:00 AM
66	F3 Hoop and Run	Open	Raleigh	NC	9	0:08:17	8:30 AM
67	P6perboy	Ultra	Charlotte	NC	6	0:08:20	8:30 AM
68	We've Got The Runs!!	Mixed	Pittsboro	NC	8	0:08:20	8:30 AM
69	F3 Churham Tar Devils	Open	Chapel Hill	NC	9	0:08:20	9:30 AM
70	F3 Goat Whisperers	Open	Chapel Hill	NC	9	0:08:20	9:30 AM
71	F3 Super Big Time Operators	Open	Charlotte	NC	9	0:08:20	8:30 AM
72	F3 Winston-Salem Down Goes Hazer	Open	Winston Salem	NC	12	0:08:22	10:00 AM
73	We Are (Still) Not That Good	Mixed	Charlotte	NC	12	0:08:23	10:00 AM
74	F3 Goat Rodeo	Open	Raleigh	NC	12	0:08:25	10:00 AM
75	F3 Haul'n Arse	Master	Charlotte	NC	12	0:08:25	10:00 AM
76	F3 Ultra	Ultra Master	Charlotte	NC	6	0:08:30	7:30 AM
77	Goats, Gazelles & 2 Englishmen Ultra	Ultra	Raleigh	NC	6	0:08:30	7:30 AM
78	Kamwe Kuacha - SC	Ultra	Fort Mill	SC	6	0:08:30	7:30 AM
79	OREOSPEEDWAGON	Ultra	Greenville	SC	6	0:08:30	7:30 AM
80	Shhhh.... Just let it happen!	Ultra	Gainesville	GA	6	0:08:30	7:30 AM
81	Channel the Goat - NC	Open	Holly Springs	NC	8	0:08:30	8:30 AM
82	B Double E Double R-U-N	Open	Charlotte	NC	9	0:08:30	8:30 AM
83	Chafing The Dream	Open	Raleigh	NC	9	0:08:30	6:30 AM
84	F3 Government Cheese	Master	Raleigh	NC	9	0:08:30	8:30 AM
85	F3 Lexington bEASTside	Open	Lexington	SC	9	0:08:30	6:30 AM

86	F3 Lexington Bestside 9	Open	Lexington	SC	9	0:08:30	6:30 AM
87	F3 Mountain Goat 9	Open	Charlotte	NC	9	0:08:30	8:30 AM
88	F3 Team Waterade	Open	Charlotte	NC	9	0:08:30	8:30 AM
89	F3 Up 'n Over	Open	Charlotte	NC	9	0:08:30	8:30 AM
90	Originads	Master	Charlotte	NC	9	0:08:30	8:30 AM
91	FAST (Former Athletes Still Tryin')	Open	Charlotte	NC	10	0:08:30	10:00 AM
92	F3 #SoCSAUPitHurts	Open	Huntersville	NC	12	0:08:30	6:30 AM
93	F3 CARPExDIEM	Open	Cary/Apex	NC	12	0:08:30	10:00 AM
94	F3 Carterico	Open	Morehead City	NC	12	0:08:30	6:30 AM
95	Flying Foxes	Open	Charlotte	NC	12	0:08:30	6:30 AM
96	From the Footheels	Mixed	Chapel Hill	NC	12	0:08:30	10:00 AM
97	Sisterhood of the Traveling Bracelet	Women Master	Chapel Hill	NC	12	0:08:30	8:30 AM
98	What's Your Smile Time?	Open	Durham	NC	12	0:08:30	10:00 AM
99	Zen Speed	Mixed	Cary	NC	12	0:08:30	10:00 AM
100	F3 Winston-Salem	Open	Winston Salem	NC	9	0:08:35	8:30 AM
101	12 Things of Xmas	Master	Raleigh	NC	12	0:08:35	9:30 AM
102	Red Hot Mamas Ultra	Ultra Women	Burlington	NC	6	0:08:39	5:30 AM
103	Smooth Transition	Open	Huntersville	NC	12	0:08:40	9:30 AM
104	F3 Summerville Huggin' Curves	Open	Summerville	SC	12	0:08:41	6:00 AM
105	Train in Vain	Ultra	Glendale Springs	NC	6	0:08:45	7:30 AM
106	RUNNINGJUSTASFASTASWECAN	Mixed	Raleigh	NC	8	0:08:45	7:30 AM
107	F3 Flatnin' the Hills	Open	Charlotte	NC	9	0:08:45	7:30 AM
108	RUNNINGJUSTASFASTASWECAN2	Open	Raleigh	NC	9	0:08:45	7:30 AM
109	The Third Leg	Master	Charlotte	NC	9	0:08:45	6:00 AM
110	12 PACK	Open	Raleigh	NC	12	0:08:45	7:30 AM
111	F3 Concord-We Came We Saw We Concord	Open	Concord	NC	12	0:08:45	9:30 AM
112	F3 LKN - Gentlemen of a Certain Age	Open	Huntersville	NC	12	0:08:45	6:30 AM
113	Faster Than Trump Can Tweet	Mixed	Durham	NC	12	0:08:45	9:30 AM
114	Appalachian Attitude	Open	Oak Ridge	TN	9	0:08:49	6:00 AM
115	Backyard Ninjas	Open	Charlotte	NC	9	0:08:50	5:30 AM

116	F3 Summerville Positive Mental Sickness	Open	Summerville	SC	9	0:08:50	6:00 AM
117	F3 Summerville Undertrained and Overconfident	Open	Summerville	SC	9	0:08:50	6:00 AM
118	Biao	Open	Richmond	VA	12	0:08:50	6:30 AM
119	F3 Corporate, INC	Open	Richmond	VA	12	0:08:52	5:30 AM
120	F3 Corporate, LLC	Open	Richmond	VA	12	0:08:52	5:30 AM
121	Howard's Misty Mountaineers	Master	Charlotte	NC	12	0:08:55	6:30 AM
122	Cobra Kai	Ultra	Richmond	VA	6	0:09:00	7:30 AM
123	F3 Quicksand Ultra	Ultra	Southern Pines	NC	6	0:09:00	7:30 AM
124	Worst Idea Ever! I	Ultra Master	China Grove	NC	6	0:09:00	5:30 AM
125	Worst Idea Ever! II	Ultra Master	China Grove	NC	6	0:09:00	5:30 AM
126	F3 Sofa King Elite 9	Open	Charlotte	NC	9	0:09:00	7:30 AM
127	S3	Mixed	Charlotte	NC	10	0:09:00	6:30 AM
128	Space Goats	Open	Charlotte	NC	10	0:09:00	5:30 AM
129	F3 Cape Fear	Open	Wilmington	NC	11	0:09:00	5:30 AM
130	CHAOS	Mixed	Dillon	CO	12	0:09:00	5:30 AM
131	EY of the Tiger	Mixed	Raleigh	NC	12	0:09:00	5:30 AM
132	F3 Awful Lotta Runnin'	Open	Huntersville	NC	12	0:09:00	6:00 AM
133	F3 Lexington - Fire & Ice #1	Open	Lexington	SC	12	0:09:00	5:30 AM
134	F3 Lexington - Fire & Ice #2	Open	Lexington	SC	12	0:09:00	5:30 AM
135	F3 W-S No Kill Zone	Open	Winston Salem	NC	12	0:09:00	8:30 AM
136	Goatbusters	Open	Richmond	VA	12	0:09:00	8:30 AM
137	GOFAR 2017	Open	Greensboro	NC	12	0:09:00	5:30 AM
138	Hickory (coed) CocoKnuts	Open	Hickory	NC	12	0:09:00	6:30 AM
139	Muddy Undies	Master	Charlotte	NC	12	0:09:00	5:30 AM
140	OH HILL NO!	Women	Huntersville	NC	12	0:09:00	8:00 AM
141	Team Scut Monkey	Mixed	Chapel Hill	NC	12	0:09:00	8:00 AM
142	Tramps Like Us	Open	Charlotte	NC	12	0:09:00	8:00 AM
143	F3 Pleasurecraft	Open	Chapin	SC	12	0:09:05	5:30 AM
144	Piernas Locos	Open	Atlanta	GA	12	0:09:05	8:00 AM
145	Running of the Fools	Mixed	Winston Salem	NC	12	0:09:05	5:30 AM

146	12-NITRO	Open	West Jefferson	NC	12	0:09:09	8:00 AM
147	F3 Incognitians	Open	Huntersville	NC	12	0:09:10	6:00 AM
148	F3 Ridge Runners - Dirty Dozen	Open	Harrisburg	NC	12	0:09:10	8:00 AM
149	Snails & Darters	Mixed	Chapel Hill	NC	12	0:09:10	8:00 AM
150	The Fast and the Fortyplus	Mixed	Charlotte	NC	10	0:09:12	7:30 AM
151	The Screaming Vikings	Open	Philadelphia	PA	12	0:09:12	8:00 AM
152	F3 SOB	Open	Charlotte	NC	9	0:09:15	7:30 AM
153	1988 Crystal Light National Aerobic Champions	Mixed	Mooresville	NC	12	0:09:15	8:00 AM
154	F3 Bad News BRRs - Garlic	Open	Huntersville	NC	12	0:09:15	6:00 AM
155	F3 Bad News BRRs - Onions	Open	Huntersville	NC	12	0:09:15	6:00 AM
156	F3 Bad News BRRs - Pepper	Open	Huntersville	NC	12	0:09:15	6:00 AM
157	F3 Bad News BRRs - Salt	Open	Huntersville	NC	12	0:09:15	6:00 AM
158	Lactic Asses - Fort	Mixed	Fort Mill	SC	12	0:09:15	8:00 AM
159	Lactic Asses - Mill	Mixed	Fort Mill	SC	12	0:09:15	8:00 AM
160	Way Point Warriors	Open	Durham	NC	12	0:09:15	8:00 AM
161	Injured and Undertrained	Mixed	Fredrick	MD	11	0:09:17	8:00 AM
162	Climb and Punishment	Open	Charlotte	NC	12	0:09:17	8:00 AM
163	Red Hot Mamas	Women	Salisbury	NC	9	0:09:20	6:00 AM
164	F3 Crossroads	Open	Statesville	NC	12	0:09:20	8:00 AM
165	Morning Workout Group	Open	Richmond	VA	12	0:09:25	7:00 AM
166	FiA Six (1)	Ultra Women	Charlotte	NC	6	0:09:30	6:00 AM
167	FiA Six (2)	Ultra Women	Charlotte	NC	6	0:09:30	6:00 AM
168	Crazy Cooters	Open	Wake Forest	NC	9	0:09:30	6:30 AM
169	F3 Quicksand	Open	Pinehurst	NC	9	0:09:30	6:30 AM
170	FiA Three+6 MAFiA	Women	Charlotte	NC	9	0:09:30	6:00 AM
171	Harry Dunne	Open	Greenwood	SC	9	0:09:30	6:30 AM
172	Lloyd Christmas	Open	Greenwood	SC	9	0:09:30	6:30 AM
173	#likeagirl	Women	Asheville	NC	12	0:09:30	7:00 AM
174	208 Mile and Crawling	Open	Charlotte	NC	12	0:09:30	7:00 AM
175	Delusional Dozen	Open	Greensboro	NC	12	0:09:30	7:00 AM

176	F3 Mountain Goat 12	Open	Charlotte	NC	12	0:09:30	7:00 AM
177	F3 Too Slow to Win, Too Dumb to Quit	Open	Charlotte	NC	12	0:09:30	7:00 AM
178	Movin' Microbes	Mixed	Research Triangle P	NC	12	0:09:30	7:00 AM
179	ONEDHG	Open	Asheville	NC	12	0:09:30	7:00 AM
180	run.meg.run	Open	Jefferson	NC	12	0:09:30	7:00 AM
181	Stays In The Zone	Mixed Master	Hereford	MD	12	0:09:30	7:00 AM
182	12 Crazy Soles	Mixed	Wilkesboro	NC	12	0:09:30	7:00 AM
183	Where The Wild Things Run	Mixed	Wilkesboro	NC	12	0:09:30	7:00 AM
184	Wonder Women	Women	Winston Salem	NC	12	0:09:30	7:00 AM
185	36 Great Legs (And Some Wobbly Ones)	Open	Boone	NC	11	0:09:40	7:00 AM
186	Not Fast Just Furious IV	Open	Weddington	NC	12	0:09:43	5:00 AM
187	F3 Lexington - HefeRweizens	Open	Lexington	SC	12	0:09:45	5:00 AM
188	Vaya Health	Mixed	Asheville	NC	12	0:09:45	5:00 AM
189	F3 Off In The Bus	Open	Davidson	NC	12	0:09:50	5:00 AM
190	F3 Off In The Bus, Too	Open	Davidson	NC	12	0:09:50	5:00 AM
191	Scrambled Legs and Aching	Open	Rogersville	TN	9	0:09:55	5:00 AM
192	Blue Bricks	Open	Greenville	NC	9	0:10:00	5:00 AM
193	F3 SOBeasts	Open	Charlotte	NC	9	0:10:00	5:00 AM
194	Squirrely Mountain Savages	Open	Charlotte	NC	9	0:10:00	5:00 AM
195	F3 Deez Lug Nutz	Open	Mooresville	NC	12	0:10:00	5:00 AM
196	I Am Woman, Hear Me Run	Women	Charleston	SC	12	0:10:00	5:00 AM
197	Mountain Hollers	Women	Chapel Hill	NC	12	0:10:00	5:00 AM
198	Running with the Bulls	Mixed	Durham	NC	12	0:10:00	5:00 AM
199	Why is my Seat Moist?!	Mixed	Asheville	NC	12	0:10:00	5:00 AM
200	Sanford Running Club	Mixed	Durham	NC	12	0:10:20	5:00 AM