

2018 Blue Ridge Relay  
 Team Seeding and Start Times  
 Friday, September 7, 2018  
 Sorted by Seed

Seed	Team	Category	City	State	Runners	Seed Time	Start Time
1	Asheville Running Collective	Open	Asheville	NC	12	0:05:12	1:30 PM
2	Charlotte Running Club	Open	Charlotte	NC	12	0:05:15	1:30 PM
3	Carolina Godiva Masters	Master	Cary	NC	12	0:05:45	12:00 PM
4	Asheville Running Collective - Mixed	Mixed	Asheville	NC	12	0:05:52	12:00 PM
5	Sole Crushers with Premature Acceleration	Ultra	Asheville	NC	6	0:06:00	11:30 AM
6	F3 Free Range	Open	Charlotte	NC	9	0:06:15	11:30 AM
7	Bull City Track Club	Mixed	Durham	NC	12	0:06:20	12:00 PM
8	Stache & Dash	Mixed	Charlotte	NC	12	0:06:20	12:00 PM
9	F3 Chafing The Dream	Ultra	Fort Mill	SC	6	0:06:30	11:30 AM
10	JITFO	Mixed	Charlotte	NC	12	0:06:30	12:00 PM
11	Norms Maggots	Ultra	Asheville	NC	6	0:06:45	11:00 AM
12	GT Milk & Cookie Boys	Ultra Master	Raleigh	NC	6	0:07:00	9:00 AM
13	Hey Jack!	Master	Hickory	NC	12	0:07:00	11:30 AM
14	The Runs	Open	Charlotte	NC	12	0:07:05	11:30 AM
15	Straight Outta Motrin	Open	Greenville	SC	9	0:07:10	11:30 AM
16	F3 Lunacy	Ultra	Charlotte	NC	4	0:07:15	6:30 AM
17	Runners Fit	Ultra	Flowery Branch	GA	6	0:07:15	10:30 AM
18	Team Blitz	Ultra Mixed	Williamsburg	VA	6	0:07:20	9:00 AM
19	Undertrained & Overconfident	Ultra Mixed	Greenville	SC	6	0:07:20	9:00 AM
20	Coming From Behind	Ultra	Charlotte	NC	6	0:07:25	9:00 AM
21	Southern Gentlemen & Fast Women	Open	Charlotte	NC	7	0:07:28	9:00 AM
22	Burn Dust, Eat My Rubber	Ultra Mixed	Durham	NC	6	0:07:30	9:00 AM
23	Flying Standby	Ultra	Charlotte	NC	6	0:07:30	9:00 AM
24	Mary Jane's Last Dance (F3)	Ultra	Greenville	NC	6	0:07:30	9:00 AM
25	P7perboy	Open	Charlotte	NC	7	0:07:30	9:00 AM
26	F3 DROPPED	Open	Charlotte	NC	9	0:07:30	10:30 AM
27	Flying Foxes	Open	Charlotte	NC	9	0:07:30	10:30 AM
28	No Regerts	Open	Asheville	NC	11	0:07:30	11:00 AM
29	Rock Hill Striders	Open	Fort Mill	SC	12	0:07:30	11:00 AM
30	Worst Game of Tag Ever	Ultra Mixed	Charlotte	NC	6	0:07:40	9:00 AM
31	Run and Runner	Ultra	Asheville	NC	5	0:07:45	9:00 AM
32	AWESOMENAI	Ultra Master	Charlotte	NC	6	0:07:45	9:00 AM

33	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:45	9:00 AM
34	Mother Truckers	Ultra Women	Asheville	NC	6	0:07:45	8:00 AM
35	Velocirunners	Ultra Women	Asheville	NC	6	0:07:45	8:00 AM
36	Leicester Highway Running Collective	Open	Charlotte	NC	9	0:07:45	10:30 AM
37	D.W.R.P.	Open	Charlotte	NC	12	0:07:45	10:30 AM
38	Feed The Run	Women	Charlotte	NC	12	0:07:45	9:30 AM
39	F3 Churham Tar Devils	Open	Chapel Hill	NC	9	0:07:50	10:30 AM
40	F3 Goat Whisperers	Open	Chapel Hill	NC	9	0:07:50	10:30 AM
41	F3 Your PACE or Mine	Open	Chapel Hill	NC	9	0:07:50	10:30 AM
42	B.A.R.F.	Mixed	Boone	NC	12	0:07:50	11:00 AM
43	Buttermilque Toast - Extra Crispy	Open	Richmond	VA	12	0:07:50	11:00 AM
44	Buttermilque Toast - Original Recipe	Open	Richmond	VA	12	0:07:50	11:00 AM
45	Buttermilque Toast - Zesty	Open	Richmond	VA	12	0:07:50	11:00 AM
46	F3 Carterico - Pedro's Passengers	Open	Morehead City	NC	12	0:07:55	10:30 AM
47	Team Sha Nay Nay	Ultra Mixed	Dacula	GA	6	0:08:00	9:00 AM
48	F3 Denver Of The East	Open	Denver	NC	9	0:08:00	9:30 AM
49	F3 Lexington Eastside 9	Open	Lexington	SC	9	0:08:00	9:30 AM
50	F3 Westside 9	Open	Lexington	SC	9	0:08:00	9:30 AM
51	Sleeper Car	Open	Raleigh	NC	9	0:08:00	9:30 AM
52	Cool Runnings: Feel The Rhythm, Feel The Rhyme, Get On Up It's Relay Time!	Open	Blowing Rock	NC	12	0:08:00	10:00 AM
53	Couch to 334.7K	Open	Greensboro	NC	12	0:08:00	10:00 AM
54	F3 Goatbusters	Open	Huntersville	NC	12	0:08:00	10:30 AM
55	F3 LKN - We've Goat This	Open	LKN	NC	12	0:08:00	10:30 AM
56	F3 Nola Low Altitude Running Club	Open	New Orleans	LA	12	0:08:00	9:30 AM
57	F3 Run HKY	Open	Hickory	NC	12	0:08:00	10:30 AM
58	Gaulded Greensboro Gangstas	Open	Greensboro	NC	12	0:08:00	10:30 AM
59	Sofa King 9	Open	Charlotte	NC	9	0:08:05	9:30 AM
60	WTF3	Open	Charlotte	NC	9	0:08:05	9:30 AM
61	Sole Sistas GSO	Women	Greensboro	NC	12	0:08:05	9:30 AM
62	Dashing pirates	Open	Statesville	NC	9	0:08:10	9:30 AM
63	F3 G.o.T.C.H.A.	Open	Huntersville	NC	12	0:08:10	10:00 AM
64	Hickory Knuts	Open	Hickory	NC	12	0:08:10	10:00 AM
65	F3 Blisters For Benny	Open	Charlotte	NC	9	0:08:14	9:30 AM
66	Premature Acceleration	Ultra	Raleigh	NC	6	0:08:15	8:30 AM
67	Ultra Mountain Lions	Ultra	Salisbury	NC	6	0:08:15	8:30 AM
68	F3 Mercury's Minions	Open	Charlotte	NC	9	0:08:15	9:30 AM
69	F3 WIRDAFUGARWI	Open	Raleigh	NC	9	0:08:15	9:30 AM

70	Delusional Dozen	Open	Greensboro	NC	12	0:08:15	10:00 AM
71	F3 Super Big Time Operators	Open	Charlotte	NC	9	0:08:20	9:30 AM
72	Borgwarner Roadrunners	Open	Asheville	NC	12	0:08:20	10:00 AM
73	Cocoknuts	Mixed	Lincolnton	NC	12	0:08:20	10:00 AM
74	F3 Lexington - Up Hill Both Ways	Open	Lexington	SC	12	0:08:20	10:00 AM
75	F3VI	Ultra	Charlotte	NC	6	0:08:30	7:30 AM
76	Goats Gazelles & 2 Englishmen	Ultra	Raleigh	NC	6	0:08:30	8:30 AM
77	Kamwe Kuacha	Ultra	Fort Mill	SC	6	0:08:30	7:30 AM
78	Shhhh...Just Let it Happen!	Ultra	Oakwood	GA	6	0:08:30	7:30 AM
79	Started From The Bottom Now We're Here	Women	Toronto	ON	8	0:08:30	7:00 AM
80	BFAM	Open	Charlotte	NC	9	0:08:30	8:30 AM
81	Channel the Goat - NC	Open	Holly Springs	NC	9	0:08:30	8:30 AM
82	F3 Gingerbread Men	Open	Chapin	SC	9	0:08:30	8:30 AM
83	F3 Government Cheese	Master	Raleigh	NC	9	0:08:30	8:30 AM
84	F3 Hoop And Run	Open	Raleigh	NC	9	0:08:30	8:30 AM
85	F3 Up 'N Over	Open	Charlotte	NC	9	0:08:30	8:30 AM
86	Hop Stout And Run	Open	Elkin	NC	9	0:08:30	8:30 AM
87	ORIGINADS	Master	Charlotte	NC	9	0:08:30	8:30 AM
88	Providence Harriers	Master	Charlotte	NC	9	0:08:30	8:30 AM
89	We Came We Saw We Concord	Open	Concord	NC	9	0:08:30	8:30 AM
90	The Flatlanders	Open	Hartsville	SC	10	0:08:30	8:30 AM
91	Team Hembstead Harriers	Open	Charlotte	NC	11	0:08:30	8:00 AM
92	Team Salola	Open	Asheville	NC	11	0:08:30	10:00 AM
93	F3 CARPEX CLYDESDALES	Open	Cary	NC	12	0:08:30	10:00 AM
94	F3 CARPEXDIEM	Open	Apex	NC	12	0:08:30	10:00 AM
95	F3 Run For Holland	Open	Spruce Pine	NC	12	0:08:30	10:00 AM
96	Feel the BRRn!	Open	Charlotte	NC	12	0:08:30	10:00 AM
97	Flying Foxes Beauty and Beast	Mixed Master	Charlotte	NC	12	0:08:30	10:00 AM
98	Goat Rodeo	Open	Raleigh	NC	12	0:08:30	10:00 AM
99	Knob Joggers	Open	Mount Airy	NC	12	0:08:30	8:00 AM
100	Old Fashioned Club	Open	Allen	TX	12	0:08:30	8:00 AM
101	Sisterhood of the Traveling Bracelet	Women Master	Chapel Hill	NC	12	0:08:30	9:30 AM
102	12 Things of Xmas	Mixed	Raleigh	NC	12	0:08:35	8:00 AM
103	Stange Blue	Open	Raleigh	NC	12	0:08:35	8:00 AM
104	We Are (Still) Not That Good	Mixed	Charlotte	NC	12	0:08:37	8:00 AM
105	RUNNINGJUSTASFASTASWECAN	Women	Raleigh	NC	9	0:08:40	7:30 AM
106	RUNNINGJUSTASFASTASWECAN2	Open	Raleigh	NC	9	0:08:40	7:30 AM
107	Agony of da Feet	Women Master	Chapel Hill	NC	12	0:08:40	7:30 AM

108	F3 Corporate Inc	Open	Richmond	VA	12	0:08:42	6:30 AM
109	F3 Ultra	Ultra	Charlotte	NC	6	0:08:45	7:30 AM
110	Red Hot Mamas Ultra	Ultra Women	Burlington	NC	6	0:08:45	5:30 AM
111	Train In Vain	Ultra	Glendale Springs	NC	6	0:08:45	7:30 AM
112	Who Needs Toenails?	Open	Davidson	NC	9	0:08:45	7:30 AM
113	Dirty Dozen	Open	Harrisburg	NC	12	0:08:45	8:00 AM
114	F3 Haul 'N Arse	Master	Charlotte	NC	12	0:08:45	8:00 AM
115	F3 Incognitions	Open	Lake Norman	NC	12	0:08:45	8:00 AM
116	F3 NOMAD'r how far	Open	NOMAD		12	0:08:45	7:30 AM
117	Trump University Track Club	Open	Durham	NC	12	0:08:45	8:00 AM
118	Wookiees in Action	Open	Charlotte	NC	12	0:08:45	8:00 AM
119	12-Nitro	Open	West Jefferson	NC	12	0:08:46	8:00 AM
120	WAYPOINT WARRIORS	Open	Durham	NC	10	0:08:50	7:30 AM
121	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:00 AM
122	F3 Oh Gee, Isotope?	Open	Cornelius	NC	12	0:08:55	6:30 AM
123	Howard's Misty Mountaineers	Master	Blowing Rock	NC	12	0:08:55	7:00 AM
124	Scut Monkey	Mixed	Durham	NC	12	0:08:55	7:30 AM
125	Dazed and Confused	Ultra Mixed	Asheville	NC	6	0:09:00	5:30 AM
126	F3 Lexington 6	Ultra	Lexington	SC	6	0:09:00	5:30 AM
127	F3 Sandhills Ultra	Ultra	Southern Pines	NC	6	0:09:00	5:30 AM
128	F3 Talking 'Bout Feelings, Again	Ultra	Charlotte	NC	6	0:09:00	5:30 AM
129	FIA Sixes (1)	Ultra Women	Charlotte	NC	6	0:09:00	5:30 AM
130	FIA Sixes (2)	Ultra Women	Charlotte	NC	6	0:09:00	5:30 AM
131	That's A Tough One	Ultra Mixed	Denver	NC	6	0:09:00	5:30 AM
132	Cobra Kai	Open	Richmond	VA	9	0:09:00	6:30 AM
133	F3 Cape Fear Rising	Open	Wilmington	NC	9	0:09:00	6:30 AM
134	F3 Semi Hard Commit	Open	Charlotte	NC	9	0:09:00	6:30 AM
135	Zen Speed	Mixed	Cary	NC	11	0:09:00	7:00 AM
136	12 PACK	Open	Raleigh	NC	12	0:09:00	7:00 AM
137	Embrace The Suck	Open	Fort Bragg	NC	12	0:09:00	5:30 AM
138	F3 Carterico - Crabby	Open	Morehead City	NC	12	0:09:00	7:00 AM
139	F3 Charleston / Horse Lot Hustlers	Open	Charleston	SC	12	0:09:00	7:00 AM
140	F3 Crispy Bacon	Open	Huntersville	NC	12	0:09:00	7:00 AM
141	F3 Crossroads	Open	Statesville	NC	12	0:09:00	7:30 AM
142	F3 Lexington - Dyn-O-Mite	Open	Lexington	SC	12	0:09:00	5:30 AM
143	F3 Lexington - Snakepit Punishers	Open	Lexington	SC	12	0:09:00	5:30 AM
144	F3 OFF the Bus	Open	Davidson	NC	12	0:09:00	5:30 AM
145	F3 Off The Bus Too	Open	Davidson	NC	12	0:09:00	5:30 AM

146	F3 Summerville Undertrained and Overconfident	Open	Summerville	SC	12	0:09:00	5:30 AM
147	F3iA	Open	Lexington	SC	12	0:09:00	6:30 AM
148	GOFAR 2018	Open	Greensboro	NC	12	0:09:00	6:30 AM
149	I Don't Know Bout Dat!	Open	Holly Springs	NC	12	0:09:00	6:30 AM
150	Kannonball Runners	Open	Kannapolis	NC	12	0:09:00	7:30 AM
151	Kiss My Assphalt	Mixed	Carrboro	NC	12	0:09:00	7:00 AM
152	Muddy Undies	Master	Charlotte	NC	12	0:09:00	6:30 AM
153	Password Penguin	Open	Marietta	GA	12	0:09:00	7:30 AM
154	Snails & Darters	Mixed	Chapel Hill	NC	12	0:09:00	7:00 AM
155	Straight out of Gashouse	Open	Gastonia	NC	12	0:09:00	5:30 AM
156	Take 208 Of These & Call Us In The Morning	Mixed	Asheville	NC	12	0:09:00	7:00 AM
157	Tramps Like Us	Open	Charlotte	NC	12	0:09:00	6:30 AM
158	Squatch Out Here We Come!	Open	Monroe	NC	12	0:09:04	6:30 AM
159	Lactic Asses - Yellow	Mixed	Fort Mill	SC	9	0:09:10	7:00 AM
160	Beer Run at Oak City Brewing	Mixed	Raleigh	NC	12	0:09:10	6:30 AM
161	Bull City All-Stars	Mixed Master	Durham	NC	12	0:09:10	6:30 AM
162	F3 Over Easy	Open	Huntersville	NC	12	0:09:10	7:00 AM
163	From The Foothells	Mixed	Denver	NC	12	0:09:10	6:30 AM
164	F3 Quicksand 9	Open	Pinehurst	NC	9	0:09:15	6:00 AM
165	LKNsanity!	Mixed	Davidson	NC	12	0:09:15	6:00 AM
166	Running in Circles	Women	Chapel Hill	NC	12	0:09:15	6:00 AM
167	Shoulda STATA Home	Open	Durham	NC	12	0:09:15	6:00 AM
168	36 Great Legs And Some Wobbly Ones	Mixed	Boone	NC	12	0:09:20	6:00 AM
169	Weaver Street Breakfast Club	Mixed Master	Carrboro	NC	12	0:09:20	6:00 AM
170	F3 Asheville	Open	Asheville	NC	12	0:09:30	6:00 AM
171	F3 Lex Send It	Open	Lexington	SC	12	0:09:30	6:00 AM
172	F3 Sandhills Team Omega	Open	Pinehurst	NC	12	0:09:30	6:00 AM
173	F3 Team #SoCSAUPItHurts	Open	Huntersville	NC	12	0:09:30	6:00 AM
174	Heart and Sole Mates	Mixed	Cincinnati	OH	12	0:09:30	6:00 AM
175	Lactic Asses - Green	Mixed	Fort Mill	SC	12	0:09:30	7:00 AM
176	Lactic Asses - Red	Mixed	Fort Mill	SC	12	0:09:30	7:00 AM
177	Running from Ohio	Mixed	Asheville/Columbus	NC/OH	12	0:09:30	6:00 AM
178	Sweaty Bulls	Mixed	Durham	NC	12	0:09:30	6:00 AM
179	Where the Wild Things Run	Open	Wilkesboro	NC	12	0:09:30	7:00 AM
180	Too Cool For School	Mixed	Boone	NC	7	0:09:31	6:00 AM
181	Hate Running , Love Van	Open	Charlotte	NC	11	0:09:33	6:00 AM
182	Not Fast, Just Furious V	Open	Weddington	NC	12	0:09:45	5:00 AM
183	ONEDHG	Mixed	Asheville	NC	12	0:09:45	5:00 AM

184	ONEDHG - Team 2	Mixed	Asheville	NC	12	0:09:45	5:00 AM
185	Vaya Health	Mixed	Asheville	NC	12	0:09:45	5:00 AM
186	F3 Mountain Goat 12	Open	Charlotte	NC	12	0:09:55	5:00 AM
187	CoopStrong	Open	Greenville	NC	9	0:10:00	5:00 AM
188	Squirrely Mountain Savages	Mixed	Charlotte	NC	9	0:10:00	5:00 AM
189	Asheville Fire Dept	Open	Asheville	NC	12	0:10:00	5:00 AM
190	F3 Deez Lug Nutz	Open	Mooreville	NC	12	0:10:00	5:00 AM
191	I Am Woman, Hear Me Run!	Women	Columbia	SC	12	0:10:00	5:00 AM
192	Mountains of Madness	Open	Durham	NC	12	0:10:00	5:00 AM
193	PTSD	Open	Greenville	NC	12	0:10:00	5:00 AM
194	Wookiee Tang Clan	Open	Charlotte	NC	12	0:10:00	5:00 AM
195	Not Fast, Just Furious	Mixed	Asheville	NC	12	0:10:11	5:00 AM
196	Senior Summit Seekers	Mixed Master	Kingsport	TN	12	0:10:20	5:00 AM
197	Rucking Idiots	Open	Lexington	SC	12	0:13:00	