

Blue Ridge Relay Leg Summary Chart

Leg	Miles	Rating	Elevation + (ft)	Elevation - (ft)	Max Elev. (ft)	Min Elev. (ft)
1	3.9	Easy	21	-1031	4919	3901
2	7.5	Hard	406	-1539	3933	2774
3	5.2	Moderate	400	-479	3107	2690
4	6.9	Hard	755	-379	3125	2584
5	4.8	Moderate	404	-325	3162	2912
6	6.8	Hard	979	-989	3563	2987
7	2.3	Easy	165	-148	3226	3095
8	3.1	Easy	326	-378	3343	3061
9	4.6	Easy	186	-401	3134	2904
10	5.3	Easy	315	-166	3085	2918
11	8.4	Very Hard	680	-551	3411	2959
12	6.1	Hard	661	-547	3506	3139
13	9.4	Very Hard	946	-687	3840	3205
14	6.2	Hard	532	-539	3874	3451
15	10.5	Very Hard	1222	-493	4311	3560
16	3.2	Easy	15	-675	4286	3618
17	2.9	Easy	247	-225	3871	3618
18	5.0	Moderate	570	-379	4071	3562
19	5.8	Moderate	31	-966	3837	2869
20	3.8	Easy	148	-184	2895	2763
21	8.0	Very Hard	1019	-985	3209	2710
22	2.6	Easy	23	-358	2867	2494
23	4.8	Moderate	513	-328	2727	2504
24	5.8	Moderate	338	-598	2917	2436
25	4.3	Moderate	287	-244	2492	2290
26	4.4	Moderate	503	-572	2570	2187
27	9.1	Hard	371	-474	2513	2071
28	7.4	Hard	625	-254	2711	2332
29	7.7	Hard	360	-377	2825	2602
30	4.4	Easy	205	-43	2861	2680
31	6.5	MG Hard	1398	-1	4263	2861
32	9.4	Very Hard	1	-2073	4264	2185
33	5.3	MG Hard	895	-664	3097	2188
34	4.5	Moderate	282	-271	2431	2182
35	4.2	Hard	920	-244	3363	2427
36	8.0	Very Hard	324	-1323	3201	2032