

2019 Blue Ridge Relay
 Team Seeding and Start Times
 Friday, September 6, 2019
 Sorted by Category

Rank	Seed	Team	Category	City	State	Runners	Seed Time	Start Time
1	146	Howard's Misty Mountaineers	Grand Master	Blowing Rock	NC	12	0:09:15	5:30 AM
2	182	GET OFF MY LAWN!!	Grand Master	Raleigh	NC	12	0:10:00	5:00 AM
1	4	Bull City Masters	Master	Durham	NC	12	0:05:45	12:00 PM
2	19	Hey Jack!	Master	Hickory	NC	12	0:07:15	11:30 AM
3	44	Buttermilque Toast - Extra Crispy	Master	Richmond	VA	11	0:07:50	11:00 AM
4	46	Buttermilque Toast - Zesty	Master	Richmond	VA	12	0:07:50	11:00 AM
5	62	F3 Government Cheese	Master	Raleigh	NC	9	0:08:10	9:30 AM
6	77	ORIGINADS	Master	Charlotte	NC	9	0:08:30	8:30 AM
7	78	Providence Harriers	Master	Charlotte	NC	9	0:08:30	8:30 AM
8	102	F3 Haul 'N Arse	Master	Charlotte	NC	12	0:08:45	8:00 AM
9	126	F3 Lexington - Mountain of Respect	Master	Lexington	SC	12	0:09:00	5:30 AM
10	129	Muddy Undies	Master	Charlotte	NC	12	0:09:00	5:30 AM
1	15	DARTy Old Farty	Master Mixed	Davidson	NC	12	0:07:00	11:30 AM
2	31	Stache Fo Masters	Master Mixed	Charlotte	NC	12	0:07:30	11:30 AM
3	123	Bull City All-Stars	Master Mixed	Durham	NC	12	0:09:00	7:00 AM
1	6	Asheville Running Collective - Mixed	Mixed	Asheville	NC	12	0:05:50	12:00 PM
2	8	CRC Stachefo	Mixed	Charlotte	NC	12	0:05:53	12:00 PM
3	12	Stache FO	Mixed	Charlotte	NC	12	0:06:25	12:00 PM
4	13	Bull City Track Club	Mixed	Durham	NC	12	0:06:30	12:00 PM
5	79	No Sleep Till Biltmore	Mixed	Everywhere	USA	10	0:08:30	7:00 AM
6	81	11 Millenials and an Old Guy	Mixed	Sylva	NC	12	0:08:30	9:30 AM
7	89	Snails and Darters	Mixed	Chapel Hill	NC	12	0:08:37	8:30 AM
8	92	Shenanigans!	Mixed	Baltimore	MD	10	0:08:40	8:30 AM
9	98	# Fake Runners	Mixed	Durham	NC	12	0:08:45	8:00 AM
10	105	Scut Monkey	Mixed	Durham	NC	12	0:08:50	8:00 AM
11	134	What Happens In The Van Stays In The Van	Mixed	Farmington	CT	12	0:09:00	8:00 AM
12	141	Beer Run at Oak City Brewing	Mixed	Knightdale	NC	12	0:09:15	7:00 AM
13	147	Lactic Asses	Mixed	Fort Mill	SC	12	0:09:15	7:00 AM
14	149	Sweaty Bulls	Mixed	Durham	NC	12	0:09:15	7:00 AM
15	154	Runegades Resurrected	Mixed	Chapel Hill	NC	12	0:09:20	6:30 AM
16	160	Booties and the Beast	Mixed	Asheville	NC	12	0:09:30	6:30 AM
17	166	Repeat Offenders	Mixed	Raleigh	NC	12	0:09:30	6:00 AM
18	172	#VayaStrong	Mixed	Asheville	NC	12	0:09:45	5:00 AM
19	175	LKNsanity!	Mixed	Davidson	NC	12	0:09:45	5:30 AM
20	185	Why Is My Seat Moist?	Mixed	Asheville	NC	12	0:10:00	5:00 AM

1	1	Charlotte Running Club	Open	Charlotte	NC	12	0:05:20	1:30 PM
2	2	Asheville Running Collective	Open	Asheville	NC	12	0:05:20	1:30 PM
3	7	Frank's Old Boys	Open	New York	NY	12	0:05:50	12:00 PM
4	9	F3 Free Range	Open	Charlotte	NC	12	0:06:00	12:00 PM
5	11	The Runs	Open	Charlotte	NC	9	0:06:20	11:30 AM
6	16	Flying Foxes	Open	Charlotte	NC	12	0:07:00	11:30 AM
7	20	Rock Hill Striders	Open	Rock Hill	SC	12	0:07:15	11:30 AM
8	21	Crazy Legs All-Stars	Open	Charlotte	NC	12	0:07:20	11:30 AM
9	27	F3 Dropped	Open	Charlotte	NC	9	0:07:30	11:00 AM
10	28	It'll Be Fun They Said...	Open	Greenville	SC	9	0:07:30	11:00 AM
11	29	here for the avocado toast.	Open	Chapel Hill	NC	12	0:07:30	11:30 AM
12	30	Pineapple Mustache Gang	Open	Huntersville	NC	12	0:07:30	11:30 AM
13	33	F3 Lex - You Can Run But You Can't Ride	Open	Lexington	SC	12	0:07:41	11:00 AM
14	37	Sleeper Car	Open	Raleigh	NC	9	0:07:45	11:00 AM
15	38	B.A.R.F.	Open	Boone	NC	12	0:07:45	11:00 AM
16	39	B.A.R.F.'in 2: Electric Bugaloo	Open	Boone	NC	12	0:07:45	11:00 AM
17	40	Pump It Up	Open	Winston-Salem	NC	12	0:07:46	10:30 AM
18	45	Buttermilque Toast - Original Recipe	Open	Richmond	VA	12	0:07:50	11:00 AM
19	52	Oak City Sweat Machine	Open	Raleigh	NC	9	0:08:00	10:00 AM
20	53	Run On Sentences	Open	Washington	DC	9	0:08:00	10:00 AM
21	54	Sons Of Our Dear Mothers	Open	Charlotte	NC	9	0:08:00	10:00 AM
22	55	Blue Jacket Run Loves	Open	Washington	DC	12	0:08:00	10:30 AM
23	56	Channel the Goat - NC	Open	Holly Springs	NC	12	0:08:00	10:30 AM
24	57	F3 Denver of the East	Open	Denver	NC	12	0:08:00	10:30 AM
25	58	PBO Pub Crawlers	Open	Pittsboro	NC	12	0:08:00	10:30 AM
26	59	F3 Carterico - Pedro's Passengers	Open	Morehead City	NC	12	0:08:05	10:30 AM
27	63	F3 Super Big Time Operators	Open	Charlotte	NC	9	0:08:10	9:30 AM
28	64	One Day I Felt Like Runnin...	Open	Knoxville	TN	12	0:08:10	10:00 AM
29	65	One Day I Felt Like Runnin... Too	Open	Knoxville	TN	12	0:08:10	10:00 AM
30	70	Yonahlossee Resort	Open	Charlotte	NC	7	0:08:15	9:00 AM
31	71	F3 Carplex HIDAS	Open	Cary	NC	9	0:08:15	9:30 AM
32	72	F3 Florence: Hill to the Nah	Open	Florence	SC	12	0:08:15	10:00 AM
33	74	Cool Down Specialists	Open	Roanoke	VA	9	0:08:20	9:30 AM
34	75	Hickory Knuts	Open	Hickory	NC	12	0:08:20	10:00 AM
35	76	F3 JOCO MoonRunners	Open	Clayton/Benson	NC	8	0:08:30	8:30 AM
36	82	24 Hour Sobriety Challenge	Open	Raleigh	NC	12	0:08:30	9:30 AM
37	83	F3 Alpha	Open	Alpharetta	GA	12	0:08:30	9:30 AM
38	84	F3 G.O.T.C.H.A.	Open	Huntersville	NC	12	0:08:30	9:30 AM
39	85	F3 Run For Holland	Open	Spruce Pine	NC	12	0:08:30	9:30 AM
40	86	Hogwallow Skunk Works	Open	Roswell	GA	12	0:08:30	9:30 AM
41	87	The Frozen Chosen	Open	Asheville	NC	12	0:08:30	9:30 AM
42	88	STANGE BLUE	Open	Falls Church	VA	12	0:08:35	9:30 AM
43	90	We Are (Still) Not That Good	Open	Charlotte	NC	12	0:08:38	8:30 AM
44	91	WTF3	Open	Charlotte	NC	9	0:08:40	7:30 AM
45	93	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:08:40	8:30 AM
46	96	F3 Lost Colony	Open	Raleigh	NC	9	0:08:45	7:30 AM
47	97	The Justice Brethren	Open	Charlotte	NC	9	0:08:45	7:30 AM
48	99	Asheville Fire Department	Open	Asheville	NC	12	0:08:45	7:30 AM
49	104	F3 Corporate	Open	Richmond	VA	12	0:08:47	8:00 AM
50	106	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:00 AM
51	108	Donkey Kickin	Open	Holly Springs	NC	9	0:09:00	6:30 AM
52	109	Early Morning Woodbridge	Open	Charlotte	NC	9	0:09:00	6:30 AM

53	110	F3 Moutain Goat 9	Open	Charlotte	NC	9	0:09:00	7:30 AM
54	111	F3 Shelby: Foggy Mountain Breakdown	Open	Shelby	NC	9	0:09:00	6:30 AM
55	112	F3 South Wake - PPMH	Open	Holly Springs	NC	9	0:09:00	7:30 AM
56	113	F3 Up 'n Over	Open	Charlotte	NC	9	0:09:00	7:30 AM
57	114	Long Distance Relaytationship	Open	Charlotte	NC	9	0:09:00	7:30 AM
58	115	Space Goats	Open	Charlotte	NC	9	0:09:00	7:30 AM
59	116	Squatch Out 9	Open	Monroe	NC	9	0:09:00	6:30 AM
60	117	Team Bataan	Open	Charlotte	NC	9	0:09:00	7:30 AM
61	118	F3 Double Dawg Dare	Open	Concord	NC	10	0:09:00	6:30 AM
62	119	12 PACK	Open	Raleigh	NC	12	0:09:00	8:00 AM
63	120	Agony of DeFeet	Open	Augusta	GA	12	0:09:00	5:30 AM
64	121	Ashe Crossfit	Open	West Jefferson	NC	12	0:09:00	5:30 AM
65	122	Between Two Vans	Open	Philadelphia	PA	12	0:09:00	7:00 AM
66	124	F3 Crossroads	Open	Statesville	NC	12	0:09:00	8:00 AM
67	125	F3 HorseLot Hustlers	Open	Charleston	SC	12	0:09:00	7:00 AM
68	127	Flying Foxes - Run & Fun	Open	Matthews	NC	12	0:09:00	8:00 AM
69	128	GOFAR 2019	Open	Greensboro	NC	12	0:09:00	7:00 AM
70	131	Squatch Out 12	Open	Monroe	NC	12	0:09:00	6:30 AM
71	132	Team Mediocre	Open	Lexington	SC	12	0:09:00	8:00 AM
72	133	Tramps Like Us	Open	Charlotte	NC	12	0:09:00	8:00 AM
73	135	F3 Carterico - Crabby	Open	Moorehead City	NC	12	0:09:10	5:30 AM
74	136	James River Runners	Open	Ashland	VA	12	0:09:10	7:00 AM
75	138	Delusional Dozen	Open	Greensboro	NC	8	0:09:15	6:00 AM
76	139	I Think I'll Go Home Now	Open	Greenville	NC	9	0:09:15	6:30 AM
77	140	Lactic Asses - Yellow	Open	Charlotte	NC	9	0:09:15	6:30 AM
78	142	F3 #SOCSAUPITHURTS	Open	Cornelius	NC	12	0:09:15	5:30 AM
79	143	F3 Carpex Mustache Mountaineers	Open	Cary	NC	12	0:09:15	7:00 AM
80	144	F3 Carpex Other Team	Open	Cary	NC	12	0:09:15	7:00 AM
81	145	F3 South Wake - Dirté Dozen	Open	Holly Springs	NC	12	0:09:15	5:30 AM
82	148	Lactic Asses - It's Complicated	Open	Fort Mill	SC	12	0:09:15	7:00 AM
83	153	F3 Mountain Goat 12	Open	Charlotte	NC	11	0:09:20	6:30 AM
84	156	F3 Sandhills	Open	Southern Pines	NC	9	0:09:30	6:00 AM
85	157	Aces Back To Back	Open	Charlotte	NC	10	0:09:30	6:00 AM
86	158	F3 Sandhills Team Omega	Open	Pinehurst	NC	10	0:09:30	6:00 AM
87	159	TEKOA	Open	Hendersonville	NC	10	0:09:30	6:00 AM
88	161	DHG I Life Beyond Numbness	Open	Asheville	NC	12	0:09:30	6:00 AM
89	162	DHG II Life Beyond Numbness	Open	Asheville	NC	12	0:09:30	6:00 AM
90	163	F3 Hickory - Mayonnaise Fast	Open	Hickory	NC	12	0:09:30	6:00 AM
91	164	Movin Microbes	Open	RTP	NC	12	0:09:30	6:00 AM
92	165	Orrick Runners United	Open	Portland	OR	12	0:09:30	6:30 AM
93	167	Team Orrick	Open	Portland	OR	12	0:09:30	6:30 AM
94	168	Wookies With Attitude	Open	Charlotte	NC	12	0:09:30	6:30 AM
95	169	Not Fast Just Furious VI	Open	Weddington	NC	12	0:09:31	6:00 AM
96	170	12-NITRO	Open	West Jefferson	NC	12	0:09:43	6:00 AM
97	171	Coopstrong	Open	Greenville	NC	9	0:09:45	5:00 AM
98	173	F3 Deez Lug Nutz	Open	Mooreville	NC	12	0:09:45	5:00 AM
99	176	Waypoint Warriors	Open	Durham	NC	12	0:09:47	5:30 AM
100	178	Better Than Two 20-Year Olds	Open	Alexandria	VA	8	0:10:00	5:00 AM
101	179	Glitter Gang	Open	New York	NY	9	0:10:00	5:00 AM
102	180	Squirrely Mountain Savages	Open	Charlotte	NC	9	0:10:00	5:00 AM
103	181	The Lost Magellans	Open	Durham	NC	9	0:10:00	5:00 AM
104	183	Low Tide Loafers	Open	Washington	NC	12	0:10:00	5:00 AM
105	184	PTSD	Open	Greenville	NC	12	0:10:00	5:00 AM

1	5	Sole Asylum 2.0	Ultra	Asheville	NC	6	0:05:50	11:30 AM
2	10	Norm's Maggots	Ultra	Asheville	NC	6	0:06:15	11:30 AM
3	14	Mary Jane's Last Dance (F3)	Ultra	Greenville	NC	6	0:06:45	10:00 AM
4	22	F3 Return Of The Fish	Ultra	Charlotte	NC	6	0:07:30	10:00 AM
5	23	F3 Ultra	Ultra	Charlotte	NC	6	0:07:30	10:00 AM
6	24	Goats Gazelles & 4 Englishmen	Ultra	Raleigh	NC	6	0:07:30	10:00 AM
7	25	Lion Pride	Ultra	Durham	NC	6	0:07:30	10:00 AM
8	26	Runners Fit	Ultra	Flowery Branch	GA	6	0:07:30	10:00 AM
9	32	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:36	9:00 AM
10	34	F3 Summerville Wayward Brothers	Ultra	Summerville	SC	6	0:07:45	9:00 AM
11	35	They Got Us Working In Shifts	Ultra	Asheville	NC	6	0:07:45	9:00 AM
12	49	F3 Picking Up The 6 Pax	Ultra	Holly Springs	NC	6	0:08:00	9:00 AM
13	50	Liar Liar Legs on Fire	Ultra	Greenville	NC	6	0:08:00	9:00 AM
14	51	Shhhh...Just Let it Happen!	Ultra	Oakwood	GA	6	0:08:00	9:00 AM
15	67	F3 Carpex Beige Bros	Ultra	Cary/Apex	NC	6	0:08:15	9:00 AM
16	94	Kamwe Kuacha - SC	Ultra	Fort Mill	SC	6	0:08:45	7:30 AM
17	95	TRAIN IN VAIN	Ultra	Glendale Springs	NC	6	0:08:45	7:30 AM
18	107	F3 Raleigh Perseverance Goat	Ultra	Raleigh	NC	6	0:09:00	7:30 AM
19	137	F3 Charleston - Sea Level Six	Ultra	Charleston	SC	6	0:09:15	6:00 AM
1	17	GT Milk & Cookie Boys	Ultra Master	Atlanta	GA	6	0:07:10	10:00 AM
2	36	Whiskey Bent and Hill Bound	Ultra Master	Chapel Hill	NC	6	0:07:45	9:00 AM
3	47	AWESOMENAI	Ultra Master	Charlotte	NC	6	0:08:00	9:00 AM
4	61	F3 Board of Directors	Ultra Master	Richmond	VA	6	0:08:07	9:00 AM
5	69	Ultra Mountain Lions	Ultra Master	Salisbury	NC	6	0:08:15	9:00 AM
6	155	Will Run For Beer	Ultra Master	York	PA	6	0:09:30	6:00 AM
1	42	Team Shay Nay Nay	Ultra Mixed	Dacula	GA	6	0:07:50	8:30 AM
2	43	Undertrained & Overconfident	Ultra Mixed	Greenville	SC	6	0:07:50	8:30 AM
3	48	Chi-Tah's	Ultra Mixed	Asheville	NC	6	0:08:00	8:30 AM
4	66	Dashing pirates	Ultra Mixed	Statesville	NC	6	0:08:15	8:30 AM
5	68	Oak City Ultra Murderinos	Ultra Mixed	Raleigh	NC	6	0:08:15	8:30 AM
1	60	Greensboro Sole Sistas	Women	Greensboro	NC	12	0:08:05	10:30 AM
2	80	Namaslay This Relay	Women	Roanoke	VA	11	0:08:30	9:30 AM
3	130	Sole Power	Women	Asheville	NC	12	0:09:00	7:00 AM
4	150	Red Hot Mamas - Team 1	Women	Salisbury	NC	9	0:09:20	5:30 AM
5	151	Red Hot Mamas - Team 2	Women	Salisbury	NC	9	0:09:20	5:30 AM
6	152	Red Hot Mamas - Team 3	Women	Salisbury	NC	9	0:09:20	5:30 AM
7	174	Hill Yeah - We're Crazy	Women	Lexington	SC	12	0:09:45	5:00 AM
1	100	Carolina Godiva Women's Masters	Women Master	Durham	NC	12	0:08:45	8:00 AM
2	101	Chasing Vermeer	Women Master	Chapel Hill	NC	12	0:08:45	8:00 AM
3	103	Sisterhood of the Traveling Bracelet	Women Master	Chapel Hill	NC	12	0:08:45	8:00 AM
4	186	Running Up A Tab	Women Master	Advance	NC	12	0:11:17	5:00 AM
1	18	Lady Regerts	Women Ultra	Asheville	NC	6	0:07:15	8:30 AM
2	41	Legs Miserables	Women Ultra	Asheville	NC	6	0:07:50	8:30 AM
3	73	Ultra Six Pack	Women Ultra	Charlotte	NC	6	0:08:16	7:30 AM
4	177	Red Hot MaMas	Women Ultra	Burlington	NC	6	0:10:00	5:00 AM