

Category	Overall	Team	Category	City	State	Runners	Seed	Start	Finish	Run	Pace	Record
1	1	Asheville Running Collective	Open	Asheville	NC	12	0:05:20	1:30 PM	9:02:21 AM	19:32:21	0:05:38	
2	2	Charlotte Running Club	Open	Charlotte	NC	12	0:05:20	1:30 PM	9:27:09 AM	19:57:09	0:05:45	
3	4	Frank's Old Boys	Open	Harvard		12	0:05:50	12:00 PM	10:04:43 AM	22:04:43	0:06:22	
4	7	F3 Free Range	Open	Charlotte	NC	12	0:06:00	12:00 PM	11:27:17 AM	23:27:17	0:06:46	
5	8	Rock Hill Striders	Open	Rock Hill	SC	12	0:07:10	11:30 AM	11:53:49 AM	24:23:49	0:07:02	
6	11	The Runs	Open	Charlotte	NC	9	0:06:20	11:30 AM	12:53:26 PM	25:23:26	0:07:19	
7	13	It'll Be Fun They Said...	Open	Greenville	SC	9	0:07:30	11:00 AM	12:49:39 PM	25:49:39	0:07:27	
8	16	here for the avocado toast.	Open	Chapel Hill	NC	12	0:07:30	11:30 AM	1:48:34 PM	26:18:34	0:07:35	
9	22	F3 Lex - You Can Run But You Can't Ride	Open	Lexington	SC	12	0:07:41	11:00 AM	1:40:16 PM	26:40:16	0:07:42	
10	24	Crazy Legs Legends	Open	Charlotte	NC	12	0:07:20	11:30 AM	2:23:42 PM	26:53:42	0:07:45	
11	26	F3 Dropped	Open	Charlotte	NC	9	0:07:30	11:00 AM	1:56:36 PM	26:56:36	0:07:46	
12	28	Pineapple Mustache Gang	Open	Huntersville	NC	12	0:07:30	11:30 AM	2:35:52 PM	27:05:52	0:07:49	
13	29	Sleeper Car	Open	Raleigh	NC	9	0:07:45	11:00 AM	2:26:35 PM	27:26:35	0:07:55	
14	30	Sons Of Our Dear Mothers	Open	Charlotte	NC	9	0:08:00	10:00 AM	13:40:20	27:40:20	0:07:59	
15	35	F3 Run For Holland	Open	Spruce Pine	NC	12	0:08:30	9:30 AM	1:32:49 PM	28:02:49	0:08:05	
16	39	Pump It Up	Open	Winston-Salem	NC	12	0:07:46	10:30 AM	2:50:20 PM	28:20:20	0:08:10	
17	40	B.A.R.F.	Open	Boone	NC	12	0:07:45	11:00 AM	3:24:19 PM	28:24:19	0:08:12	
18	41	F3 Hickory - Mayonnaise Fast	Open	Hickory	NC	12	0:08:20	9:00 AM	1:24:27 PM	28:24:27	0:08:12	
19	42	Buttermilque Toast - Original Recipe	Open	Richmond	VA	11	0:07:50	11:00 AM	3:29:00 PM	28:29:00	0:08:13	
20	43	F3 Super Big Time Operators	Open	Charlotte	NC	9	0:08:10	9:30 AM	2:01:46 PM	28:31:46	0:08:14	
21	44	One Day I Felt Like Runnin... Too	Open	Knoxville	TN	12	0:08:10	10:00 AM	2:42:52 PM	28:42:52	0:08:17	
22	46	Hogwallow Skunk Works	Open	Roswell	GA	12	0:08:30	9:30 AM	2:16:16 PM	28:46:16	0:08:18	
23	47	Capitol Hillbillies	Open	Washington	DC	9	0:08:00	10:00 AM	2:57:12 PM	28:57:12	0:08:21	
24	48	Yonahlossee Resort	Open	Charlotte	NC	7	0:08:15	9:00 AM	2:00:28 PM	29:00:28	0:08:22	
25	49	F3 Denver of the East	Open	Denver	NC	12	0:08:00	10:30 AM	3:31:33 PM	29:01:33	0:08:22	
26	50	F3 G.O.T.C.H.A.	Open	Huntersville	NC	12	0:08:30	9:30 AM	2:31:58 PM	29:01:58	0:08:22	
27	52	24 Hour Sobriety Challenge	Open	Raleigh	NC	12	0:08:30	9:30 AM	2:38:38 PM	29:08:38	0:08:24	
28	53	F3 JOCO MoonRunners	Open	Clayton/Benson	NC	7	0:08:30	8:30 AM	1:46:54 PM	29:16:54	0:08:27	
29	57	One Day I Felt Like Runnin...	Open	Knoxville	TN	12	0:08:10	10:00 AM	3:24:00 PM	29:24:00	0:08:29	
30	58	F3 Carpex HIDAS	Open	Cary	NC	9	0:08:15	9:30 AM	2:57:20 PM	29:27:20	0:08:30	
31	60	F3 HorseLot Hustlers	Open	Charleston	SC	12	0:09:00	7:00 AM	12:33:43 PM	29:33:43	0:08:32	
32	63	WTF3	Open	Charlotte	NC	9	0:08:40	7:30 AM	1:12:14 PM	29:42:14	0:08:34	
33	64	Lactic Asses	Open	Fort Mill	SC	12	0:09:15	7:00 AM	12:44:52 PM	29:44:52	0:08:35	
34	65	F3 Up 'n Over	Open	Charlotte	NC	9	0:09:00	7:30 AM	1:22:22 PM	29:52:22	0:08:37	
35	66	Hickory Knuts	Open	Hickory	NC	12	0:08:20	10:00 AM	3:52:59 PM	29:52:59	0:08:37	
36	69	Delusional Dozen	Open	Greensboro	NC	12	0:09:15	6:00 AM	12:00:24 PM	30:00:24	0:08:39	
37	71	Glitter Gang	Open	New York	NY	9	0:10:00	5:00 AM	11:07:52 AM	30:07:52	0:08:42	
38	73	B.A.R.F.'in 2: Electric Bugaloo	Open	Boone	NC	12	0:07:45	11:00 AM	5:10:10 PM	30:10:10	0:08:42	
39	74	F3 Lost Colony	Open	Raleigh	NC	9	0:08:45	7:30 AM	1:46:38 PM	30:16:38	0:08:44	
40	76	TEKOA	Open	Hendersonville	NC	12	0:09:30	6:00 AM	12:19:49 PM	30:19:49	0:08:45	
41	77	F3 Shelby: Foggy Mountain Breakdown	Open	Shelby	NC	9	0:09:00	6:30 AM	12:54:39 PM	30:24:39	0:08:46	
42	78	STANGE BLUE	Open	Falls Church	VA	11	0:08:35	9:30 AM	3:55:43 PM	30:25:43	0:08:47	
43	79	Channel the Goat - NC	Open	Holly Springs	NC	9	0:08:30	9:00 AM	3:26:18 PM	30:26:18	0:08:47	
44	81	F3 Florence: Hill to the Nah	Open	Florence	SC	12	0:08:17	10:00 AM	4:33:39 PM	30:33:39	0:08:49	
45	82	F3 Carpex Other Team	Open	Cary	NC	12	0:09:15	7:00 AM	1:34:27 PM	30:34:27	0:08:49	
46	83	F3 Double Dawg Dare	Open	Concord	NC	10	0:09:00	6:30 AM	1:06:40 PM	30:36:40	0:08:50	
47	84	Donkey Kickin	Open	Holly Springs	NC	9	0:09:00	6:30 AM	1:07:03 PM	30:37:03	0:08:50	
48	85	Cool Down Specialists	Open	Roanoke	VA	8	0:08:20	9:30 AM	4:20:06 PM	30:50:06	0:08:54	
49	86	Lactic Asses - It's Complicated	Open	Fort Mill	SC	12	0:09:15	7:00 AM	1:51:11 PM	30:51:11	0:08:54	

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50	89	We Are (Still) Not That Good	Open	Charlotte	NC	12	0:08:38	8:30 AM	3:25:51 PM	30:55:51	0:08:55	
51	90	Blue Jacket Run Loves	Open	Washington	DC	12	0:08:00	10:30 AM	5:26:34 PM	30:56:34	0:08:56	
52	91	Team Mediocre	Open	Lexington	SC	12	0:09:00	6:30 AM	1:26:54 PM	30:56:54	0:08:56	
53	93	Team Bataan	Open	Charlotte	NC	9	0:09:00	7:30 AM	2:33:30 PM	31:03:30	0:08:58	
54	94	The Justice Brethren	Open	Charlotte	NC	9	0:08:45	7:30 AM	2:35:33 PM	31:05:33	0:08:58	
55	95	Flying Foxes - Run & Fun	Open	Matthews	NC	12	0:09:00	8:00 AM	3:07:45 PM	31:07:45	0:08:59	
56	97	DHG I Life Beyond Numbness	Open	Asheville	NC	12	0:09:30	6:00 AM	1:09:28 PM	31:09:28	0:08:59	
57	98	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:00 AM	3:13:00 PM	31:13:00	0:09:00	
58	101	F3 Crossroads	Open	Statesville	NC	12	0:09:00	8:00 AM	3:17:28 PM	31:17:28	0:09:02	
59	102	GOFAR 2019	Open	Greensboro	NC	12	0:09:00	7:00 AM	2:23:20 PM	31:23:20	0:09:03	
60	103	Oak City Sweat Machine	Open	Raleigh	NC	9	0:08:00	10:00 AM	5:24:58 PM	31:24:58	0:09:04	
61	109	Aces Back To Back	Open	Charlotte	NC	9	0:09:30	6:00 AM	1:45:26 PM	31:45:26	0:09:10	
62	110	The Frozen Chosen	Open	Asheville	NC	12	0:08:30	9:30 AM	5:16:10 PM	31:46:10	0:09:10	
63	111	James River Runners	Open	Ashland	VA	11	0:09:10	7:00 AM	2:46:32 PM	31:46:32	0:09:10	
64	113	F3 Carpex Mustache Mountaineers	Open	Cary	NC	12	0:09:15	7:00 AM	2:53:00 PM	31:53:00	0:09:12	
65	114	F3 Alpha	Open	Alpharetta	GA	12	0:08:30	9:30 AM	5:31:58 PM	32:01:58	0:09:14	
66	115	Between Two Vans	Open	Philadelphia	PA	12	0:09:00	7:00 AM	3:04:30 PM	32:04:30	0:09:15	
67	117	Tramps Like Us	Open	Charlotte	NC	12	0:09:00	8:00 AM	4:10:31 PM	32:10:31	0:09:17	
68	118	Long Distance Relaytship	Open	Charlotte	NC	9	0:09:00	7:30 AM	3:40:37 PM	32:10:37	0:09:17	
69	119	Early Morning Woodbridge	Open	Charlotte	NC	9	0:09:00	6:30 AM	2:40:48 PM	32:10:48	0:09:17	
70	120	No Sleep Till Biltmore	Open	Everywhere	USA	11	0:08:30	7:00 AM	3:15:40 PM	32:15:40	0:09:18	
71	122	F3 #SOCSAUPITHURTS	Open	Cornelius	NC	12	0:09:45	5:30 AM	1:47:34 PM	32:17:34	0:09:19	
72	123	Lactic Asses - Yellow	Open	Charlotte	NC	9	0:09:15	6:30 AM	2:49:13 PM	32:19:13	0:09:19	
73	124	Squatch Out 12	Open	Monroe	NC	12	0:09:00	6:30 AM	2:52:13 PM	32:22:13	0:09:20	
74	125	12 PACK	Open	Raleigh	NC	12	0:09:00	8:00 AM	4:27:23 PM	32:27:23	0:09:22	
75	127	Agony of DeFeet	Open	Augusta	GA	11	0:09:00	5:30 AM	12:58:56 PM	32:28:56	0:09:22	
76	131	12-NITRO	Open	West Jefferson	NC	12	0:09:43	6:00 AM	2:40:25 PM	32:40:25	0:09:26	
77	132	Space Goats	Open	Charlotte	NC	9	0:09:00	7:30 AM	4:15:05 PM	32:45:05	0:09:27	
78	133	F3 Mountain Goat 9	Open	Charlotte	NC	9	0:09:00	7:30 AM	4:15:10 PM	32:45:10	0:09:27	
79	135	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:08:40	8:30 AM	5:19:39 PM	32:49:39	0:09:28	
80	137	Squatch Out 9	Open	Monroe	NC	9	0:09:00	6:30 AM	3:21:23 PM	32:51:23	0:09:29	
81	138	Ashe Crossfit	Open	West Jefferson	NC	12	0:09:00	5:30 AM	2:22:10 PM	32:52:10	0:09:29	
82	141	F3 South Wake - PPMH	Open	Holly Springs	NC	9	0:09:00	7:30 AM	4:30:10 PM	33:00:10	0:09:31	
83	142	Asheville Fire Department	Open	Asheville	NC	12	0:08:45	7:30 AM	4:31:30 PM	33:01:30	0:09:32	
84	144	F3 Corporate	Open	Richmond	VA	12	0:08:47	8:00 AM	5:07:13 PM	33:07:13	0:09:33	
85	145	PBO Pub Crawlers	Open	Pittsboro	NC	12	0:09:15	5:30 AM	2:39:38 PM	33:09:38	0:09:34	
86	151	F3 Deez Lug Nutz	Open	Mooreville	NC	12	0:09:45	5:00 AM	2:28:04 PM	33:28:04	0:09:39	
87	152	Wookies With Attitude	Open	Charlotte	NC	12	0:09:45	5:00 AM	2:37:12 PM	33:37:12	0:09:42	
88	154	The Lost Magellans	Open	Durham	NC	9	0:10:00	5:00 AM	2:39:51 PM	33:39:51	0:09:43	
89	155	F3 South Wake - Dirté Dozen	Open	Holly Springs	NC	12	0:09:15	5:30 AM	3:22:32 PM	33:52:32	0:09:46	
90	156	Movin Microbes	Open	RTP	NC	12	0:09:30	6:00 AM	3:52:50 PM	33:52:50	0:09:46	
91	157	Coopstrong	Open	Greenville	NC	9	0:09:45	5:00 AM	2:52:50 PM	33:52:50	0:09:46	
92	159	DHG II Life Beyond Numbness	Open	Asheville	NC	12	0:09:30	6:00 AM	3:55:09 PM	33:55:09	0:09:47	
93	160	I Think I'll Go Home Now	Open	Greenville	NC	9	0:09:15	6:30 AM	4:26:46 PM	33:56:46	0:09:48	
94	163	Waypoint Warriors	Open	Durham	NC	12	0:09:47	5:30 AM	3:59:46 PM	34:29:46	0:09:57	
95	164	F3 Mountain Goat 9 1/2	Open	Charlotte	NC	10	0:09:20	6:30 AM	5:06:40 PM	34:36:40	0:09:59	
96	165	Not Fast Just Furious VI	Open	Weddington	NC	12	0:09:31	6:00 AM	4:39:11 PM	34:39:11	0:10:00	
97	168	PTSD	Open	Greenville	NC	9	0:10:00	5:00 AM	3:51:24 PM	34:51:24	0:10:03	
98	169	Better Than Two 20-Year Olds	Open	Alexandria	VA	8	0:10:00	5:00 AM	4:04:07 PM	35:04:07	0:10:07	

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1	67	Greensboro Sole Sistas	Women	Greensboro	NC	12	0:08:10	9:30 AM	3:26:47 PM	29:56:47	0:08:38	
2	99	Namaslay This Relay	Women	Roanoke	VA	12	0:08:30	8:00 AM	3:14:16 PM	31:14:16	0:09:01	
3	143	Sole Power	Women	Asheville	NC	12	0:09:00	7:00 AM	4:07:12 PM	33:07:12	0:09:33	
4	166	FiA Lexington: Hill Yeah We're Crazy!	Women	Lexington	SC	12	0:09:45	5:00 AM	3:44:43 PM	34:44:43	0:10:01	
5	173	Red Hot Mamas - Team 1	Women	Salisbury	NC	9	0:09:20	5:30 AM	6:06:31 PM	36:36:31	0:10:34	
6	174	Red Hot Mamas - Team 2	Women	Salisbury	NC	9	0:09:20	5:30 AM	6:06:31 PM	36:36:31	0:10:34	
7	175	Red Hot Mamas - Team 3	Women	Salisbury	NC	9	0:09:20	5:30 AM	6:06:31 PM	36:36:31	0:10:34	
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1	87	Sisterhood of the Traveling Bracelet	Women Master	Chapel Hill	NC	12	0:08:45	8:00 AM	2:51:20 PM	30:51:20	0:08:54	
2	149	Carolina Godiva Women's Masters	Women Master	Durham	NC	12	0:08:45	8:00 AM	5:18:00 PM	33:18:00	0:09:36	
3	153	Chasing Vermeer	Women Master	Chapel Hill	NC	12	0:08:45	8:00 AM	5:38:08 PM	33:38:08	0:09:42	
4	172	Running Up A Tab	Women Master	Advance	NC	12	0:11:17	5:00 AM	4:22:37 PM	35:22:37	0:10:12	
Category	Overall	Team	Category	City	State	Runners	Seed	Start	Finish	Run	Pace	Record
1	27	Lady Regerts	Women Ultra	Asheville	NC	6	0:07:15	8:30 AM	11:33:51 AM	27:03:51	0:07:48	Women Ultra
2	72	Legs Miserables	Women Ultra	Asheville	NC	6	0:07:50	8:30 AM	2:39:58 PM	30:09:58	0:08:42	
3	176	Red Hot MaMas	Women Ultra	Burlington	NC	6	0:10:00	5:00 AM	6:47:46 PM	37:47:46	0:10:54	
		Ultra Six Pack	Women Ultra	Charlotte	NC	6			dnr			