

2021 Blue Ridge Relay
COVID-19 Guidelines
Race Day Summary
(Adapted from BRR 2020 COVID-19 Guidelines)

1. Face covering outside of the team van while at the Start and Exchange Zones:
 - a. At the team van: if your team/runners are a minimum of 10 feet from other teams/runners (one vacant parking space), a face mask is not required. Within 10 feet, a face mask is required.
 - b. If your team is “camped”, such as at a transition zone and your team/runners are a minimum of 10 feet from other teams/runners, a face mask is not required.
 - c. When walking about the Start and Exchange Zones, such as walking to a porta-john, walking to the official exchange zone, walking to the team “camp”, etc... a face mask is required.
2. Team Vehicle Parking: When possible, leave one vacant parking space between team vans at the Start and Exchange Zones.
3. Packet pick-up will be at the Start 40 minutes before a team’s scheduled Start.
 - a. Only one representative per team may go to the Official’s Tent for packet pick-up. Team captain is preferred.
 - b. Three Documents MUST be submitted:
 - i. Waiver, which includes the COVID-19 disclaimer, must be signed by every runner.
 - ii. The team Runner Order.
 - iii. Each runner’s completed COVID-19 Survey.
 - c. A team wristband will not be issued.
 - d. Race bibs will be issued and must be worn on the front of any active runner. Bibs must match the team’s running order. (i.e. runner #1 = bib #1; runner #2 = bib #2).
4. Face covering when running.
 - a. The face covering must cover the runner’s mouth and nose as the runner walks/jogs from the team van to the exchange zone and while in the exchange zone.
 - b. If the runner is warming up alone, a face covering is not required.
 - c. The face covering must cover the runner’s mouth and nose if the runner is within 10 feet of any runner during the active leg.
 - d. If running alone, as face covering is not needed.
 - e. The face covering must cover the runner’s mouth and nose within 50 feet as the runner enters the exchange zone at the end of his/her leg.
5. Food: (2021 Food sales by community groups at Exchange Zones are not final.)
 - a. As always, teams are to be self-sufficient with fluids, food, ice, first aid, etc...and transport necessary supplies in the team van.
 - b. EZ24, Bakersville Fire Dept will have fresh dug baked potatoes for sale.
6. Porta-johns: Available at all exchange zones.

7. Exchange Zones:
 - a. Every other parking spot should be used if possible, which will allow one vacant parking spot between team vans.
 - b. If it is not possible to leave one open parking spot between vans, members of any adjacent van must maintain a minimum distance of 6 feet from members of other vans.
 - c. Runners and Drivers may exit their vans in the Exchange Zone parking areas, but must remain near the team van unless another team needs to enter or exit their van. This is a cooperative effort between/among teams.
 - d. Only the next runner and one team representative may proceed to the Exchange Zone. After the exchange of runners, the one team representative will escort the finished runner to the team van.
 - e. Teams are not permitted to gather at the Exchange Zone.

8. Runner Exchange:
 - a. As the outgoing runner steps into the exchange zone, verbalize your bib number to the staff/volunteer on site.
 - b. No wrist strap.
 - c. The outgoing runner may depart when the incoming runner is within 10 feet.
 - d. The runner who just finished his/her leg must verbalize their bib number to the staff/volunteer before leaving the exchange zone.
 - e. A minimum of ten (10) feet will be maintained between runners/drivers and Exchange Zone staff/volunteers.

9. Passing Runners:
 - a. When the runner who is behind is within 10 feet of a runner who is in front, the behind runner will call out "Runner Behind". The front runner must cover their mouth and nose with a face mask / covering.
 - b. When passing, runners should allow 6 feet of space.
 - c. Passing should only occur when road visibility allows for 6 feet of space between runners.
 - d. The runner who was just passed, will call "Clear", when the passer is 10 feet ahead.

10. Finish Line:
 - a. The Blue Ridge Relay will comply with guidelines established by Highland Brewing.
 - b. Spectators are asked to not attend the Finish, but may meet their runner at Highland Brewing after the BRR Finish.
 - c. BRR Finisher Awards or magnets will not be issued.
 - d. Restrooms are available in The Meadow and Taproom.
 - e. Teams will not be allowed to cross the finish line with their final runner.
 - f. Teams will not be permitted to gather at the actual finish line.
 - g. The final runners must have their mouth and nose covered as they enter the rear parking lot of Highland Brewing.
 - h. Teams will be permitted to gather in designated "corrals" near the finish line to watch and cheer their final runner.
 - i. Teams are asked to depart from the BRR Finish area within approximately 30 minutes after they finish. BRR must avoid creating a crowd at Highland Brewing.
 - j. Teams/runners are welcome and invited to stay at Highland Brewing as guests of Highland Brewing. The Meadow and Taproom are open for seating and food trucks are on site. Please relocate team vans from the Finish area to the front of Highland Brewing.