

Blue Ridge Relay Leg Summary Chart						
Leg	Miles	Rating	Elevation + (ft)	Elevation - (ft)	Max Elev. (ft)	Min Elev. (ft)
1	3.9	Easy	21	1031	4919	3901
2	7.5	Hard	406	1539	3933	2774
3	5.2	Moderate	400	479	3107	2690
4	6.9	Hard	755	379	3125	2584
5	4.8	Moderate	404	325	3162	2912
6	6.8	Hard	979	989	3563	2987
7	2.3	Easy	165	141	3226	3095
8	3.1	Easy	326	378	3343	3061
9	4.6	Easy	186	401	3134	2904
10	5.3	Easy	315	166	3085	2918
11	8.4	Very Hard	680	551	3411	2959
12	6.1	Hard	661	547	3506	3139
13	9.1	Very Hard	969	710	3840	3205
14	6.2	Hard	532	539	3874	3451
15	10.5	Very Hard	1222	493	4311	3560
16	3.2	Easy	15	675	4286	3618
17	2.9	Easy	247	225	3871	3618
18	5.0	Moderate	570	370	3562	4071
19	5.8	Moderate	31	966	3837	2869
20	3.8	Easy	148	184	2895	2763
21	8.0	Very Hard	1019	985	3209	2710
22	2.6	Easy	23	358	2867	2494
23	4.8	Moderate	513	328	2727	2504
24	5.8	Moderate	338	598	2917	2436
25	4.3	Moderate	287	244	2492	2290
26	4.4	Moderate	543	613	2570	2187
27	9.3	Hard	552	649	2513	2071
28	7.4	Hard	617	244	2711	2332
29	7.7	Hard	371	389	2825	2602
30	4.4	Easy	225	62	2861	2680
31	6.7	MG Hard	1405	4	4263	2861
32	9.3	Very Hard	5	2079	4264	2185
33	5.3	MG Hard	910	678	3097	2188
34	4.5	Moderate	296	284	2431	2182
35	4.2	Hard	945	265	3363	2427
36	9.0	Very Hard	309	1309	3201	2032