

2021 Blue Ridge Relay  
 Team Seeding and Start Times  
 Friday, September 10, 2021  
 Sorted by Start Time

Seed	Team	Category	City	State	Runners	Seed Time	Start Time	
1	Mucca Mad Bois	Open	Palo Alto	CA	11	0:05:45	12:00 PM	5
2	Knoxville Track Club	Master	Knoxville	TN	12	0:05:50	12:00 PM	
3	Lactic Acid Trip	Open	Spartanburg	SC	12	0:05:50	12:00 PM	
4	Bull City Masters	Master	Durham	NC	12	0:06:00	12:00 PM	
5	StacheFO	Mixed	Charlotte	NC	12	0:06:24	12:00 PM	
8	The Runs	Open	Charlotte	NC	12	0:06:50	11:30 AM	
16	Buckhead Boys	Master	Atlanta	GA	12	0:07:15	11:30 AM	
17	Fillnow Flyers 1	Open	Charlotte	NC	12	0:07:15	11:30 AM	
18	Shake And Bake	Master	Winston-Salem	NC	10	0:07:20	11:30 AM	
19	Tri-State Striders	Open		GA/SC	12	0:07:24	11:30 AM	5
13	Rapid Thigh Movement	Open	Charlotte	NC	12	0:07:30	11:00 AM	5
21	Making Do Deux	Open	Charlotte	NC	10	0:07:25	11:00 AM	
23	Rock Hill Striders	Grand Master	Fort Mill	SC	10	0:07:30	11:00 AM	
24	Crazy Legs	Grand Master	Charlotte	NC	12	0:07:30	11:00 AM	
27	F3 Dropped	Open	Charlotte	NC	9	0:07:40	11:00 AM	
29	Hey Jack!	Master	Hickory	NC	12	0:07:45	10:45 AM	
31	Buttermilque Toast - Extra Crispy	Open	Richmond	VA	12	0:07:50	10:45 AM	
32	Buttermilque Toast - Original Recipe	Grand Master	Richmond	VA	12	0:07:50	10:45 AM	
33	Buttermilque Toast - Zesty	Master	Richmond	VA	12	0:07:50	10:45 AM	4
30	Zoom Raiders	Open	Chapel Hill	NC	12	0:07:45	10:30 AM	4
34	F3 Run For Holland	Open	Spruce Pine	NC	12	0:07:50	10:30 AM	
35	F3 Lost Colony	Open	Raleigh	NC	9	0:07:53	10:30 AM	
36	Hills Pay The Bills	Open	Lincolnton	NC	12	0:07:55	10:30 AM	4
44	Team Langley	Open	Charlotte	NC	11	0:08:00	10:15 AM	
45	Chapel Thrill	Mixed	Chapel Hill	NC	12	0:08:00	10:15 AM	
46	Highland Brewing or Bust	Mixed	Asheville	NC	12	0:08:00	10:15 AM	
48	RUN HKY	Open	Hickory	NC	12	0:08:10	10:15 AM	4

6	Jus' Running Ultra Maggots	Ultra	Asheville	NC	6	0:06:45	10:00 AM	
7	Mary Jane's Last Dance (Gold)	Ultra	Greenville	NC	6	0:06:45	10:00 AM	
11	Lady Regerts	Ultra Women	Asheville	NC	6	0:07:00	10:00 AM	
14	GT Milk & Cookie Boys	Ultra Master	Raleigh	NC	6	0:07:10	10:00 AM	
20	Mary Jane's Last Dance (Purple)	Ultra	Greenville	NC	6	0:07:25	10:00 AM	
22	Runners Fit	Ultra Master	Flowery Branch	GA	6	0:07:30	10:00 AM	6
53	F3 Carterico - Pedro's Passengers	Open	Morehead City	NC	12	0:08:15	9:45 AM	
54	Fillnow Flyers 2	Open	Charlotte	NC	12	0:08:15	9:45 AM	
55	Untamed Spirits	Master	Atlanta	GA	12	0:08:15	9:45 AM	
57	Rock HILL...BILLIES	Open	Rock Hill	SC	12	0:08:20	9:45 AM	
77	Hickory Knuts	Master	Hickory	NC	12	0:08:20	9:45 AM	5
43	PGR Runners	Open	Asheville	NC	10	0:08:00	9:30 AM	
69	F3 Denver of the East	Open	Denver	NC	12	0:08:30	9:30 AM	
70	FRESHJUNKIE Racing	Open	Baton Rouge	LA	12	0:08:30	9:30 AM	
71	Knight Crawlers	Mixed	Cary	NC	12	0:08:30	9:30 AM	
72	People Launching	Open	Raleigh	NC	12	0:08:30	9:30 AM	5
40	Sleeper Car	Open	Raleigh	NC	8	0:08:00	9:15 AM	
41	F3 Hogwallow Skunk Works (OSB)	Master	Roswell	GA	9	0:08:00	9:15 AM	
42	F3 Hogwallow Skunk Works (Seeya)	Open	Roswell	GA	9	0:08:00	9:15 AM	
47	Dark Side of F3 Raleigh	Open	Raleigh	NC	9	0:08:10	9:15 AM	
49	We've Got The Runs!	Master	Pittsboro	NC	7	0:08:12	9:15 AM	5
25	Undertrained and Overconfident	Ultra Mixed	Greenville	SC	6	0:07:35	9:00 AM	
26	They Got Us Working In Shifts	Ultra	Asheville	NC	5	0:07:40	9:00 AM	
28	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:42	9:00 AM	
37	Awesomenai	Ultra Master	Charlotte	NC	6	0:08:00	9:00 AM	
38	F3 Hogwallow Six Pack	Ultra	Roswell	GA	6	0:08:00	9:00 AM	
39	Goats Gazelles & 4 Englishmen	Ultra Master	Raleigh	NC	6	0:08:00	9:00 AM	6
81	B.A.R.F.	Open	Boone	NC	12	0:08:45	8:45 AM	
82	F3 Alpha S.W.A.T.T. - Sprinters, Walkers and Trash T	Open	Alpharetta	GA	12	0:08:45	8:45 AM	
83	F3 Corporate	Open	Richmond	VA	12	0:08:45	8:45 AM	
84	F3 Lexington - Glory Daze	Open	Lexington	SC	12	0:08:45	8:45 AM	
85	VANCE	Mixed	Asheville	NC	12	0:08:45	8:45 AM	
86	We GOAT This!	Open	Charlotte	NC	12	0:08:45	8:45 AM	6

50	F3 6 JOCO LOCOS	Ultra	Garner	NC	6	0:08:15	8:30 AM	6
51	Ultra Mountain Lions	Ultra	Salisbury	NC	6	0:08:15	8:30 AM	
52	F3 JOCOGA Regulators	Open	Garner	NC	9	0:08:15	8:30 AM	
56	Coastal Goats	Ultra	Morehead City	NC	6	0:08:20	8:30 AM	
67	Mountain Dewdz	Open	Holly Springs	NC	10	0:08:30	8:30 AM	
68	ORIGINADS	Master	Charlotte	NC	10	0:08:30	8:30 AM	
64	F3 CARPEX TBR	Open	Cary	NC	9	0:08:30	8:15 AM	6
66	Plan 9 From F3 Alpha	Open	Alpharetta	GA	9	0:08:30	8:15 AM	
73	F3 Board of Directors	Master	Richmond	VA	9	0:08:35	8:15 AM	
75	Whiskey Talked Me Into This	Open	Lake Wylie	SC	9	0:08:40	8:15 AM	
76	F3 Triple Dawg Dare	Open	Concord	NC	12	0:08:40	8:15 AM	
88	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:15 AM	
60	F3 Carpex Beige Bros	Ultra	Cary/Apex	NC	6	0:08:30	8:00 AM	6
61	Pat's Judgement	Ultra	Raleigh	NC	6	0:08:30	8:00 AM	
62	SHHH... Just Let It Happen	Ultra	Flowery Branch	GA	6	0:08:30	8:00 AM	
63	RUNNINGJUSTASFASTASWECAN	Women	Raleigh	NC	8	0:08:30	8:00 AM	
65	Lactic Asses Lite	Mixed	Fort Mill	SC	9	0:08:30	8:00 AM	
102	Lactic Asses Burning	Open	Fort Mill	SC	12	0:09:00	8:00 AM	
90	Ashe Crossfit	Open	West Jefferson	NC	12	0:08:54	7:45 AM	7
91	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:08:54	7:45 AM	
92	F3 Sister Maria's Flying Caballeros	Open	Raleigh	NC	12	0:08:56	7:45 AM	
101	F3 Haul'N Arse	Master	Charlotte	NC	12	0:09:00	7:45 AM	
103	Last Mile Shoes	Open	Overland Park	KS	12	0:09:00	7:45 AM	
104	Lost Magellans	Open	Durham	NC	12	0:09:00	7:45 AM	
105	More Legs than a Bucket of Chicken	Open	Lexington	SC	12	0:09:00	7:45 AM	7
78	F3 Ultra	Ultra Master	Manning	SC	6	0:08:45	7:30 AM	
79	F3 Carpex South Cary	Open	Cary	NC	9	0:08:45	7:30 AM	
80	F3 Government Cheese	Master	Raleigh	NC	9	0:08:45	7:30 AM	
87	F3 Carpex Been There, Run That	Open	Apex	NC	9	0:08:50	7:30 AM	
106	Sisterhood of the Traveling Bracelet	Women Master	Chapel Hill	NC	12	0:09:00	7:30 AM	
107	Cool Runnings	Open	Lexington	SC	12	0:09:05	7:30 AM	7
108	F3 Carpex Team DGS	Open	Apex	NC	12	0:09:05	7:30 AM	

109	12 Things of Xmas	Master	Raleigh	NC	12	0:09:15	7:15 AM	
110	Blue Ridge Variant Authority	Mixed	Summerfield	NC	12	0:09:15	7:15 AM	
111	F3 Carterico - Crabby	Open	Morehead City	NC	12	0:09:15	7:15 AM	
112	F3 Crossroads	Open	Statesville	NC	12	0:09:15	7:15 AM	
113	F3 Distance Matters	Master	Woodstock	GA	12	0:09:15	7:15 AM	
114	F3 PA/NJ Rising	Open	Harleysville	PA	12	0:09:15	7:15 AM	
115	GOFAR 2021	Open	Greensboro	NC	12	0:09:15	7:15 AM	7
58	Ally Purple	Ultra	Detroit	MI	6	0:08:27	7:00 AM	
59	Dashing rates	Ultra Mixed	Statesville	NC	6	0:08:30	7:00 AM	
74	F3 Carpex vs The World	Ultra	Cary/Apex	NC	6	0:08:40	7:00 AM	
116	Howard's Misty Mountaineers	Master	Blowing Rock	NC	12	0:09:15	7:00 AM	
117	NFLO - Flatliners	Master	Jacksonville	FL	12	0:09:15	7:00 AM	
118	Endless Energy	Open	Durham	NC	12	0:09:18	7:00 AM	
119	Ours Got Stolen	Open	Augusta	GA	12	0:09:20	7:00 AM	7
95	Aces Back to Back	Open	Charlotte	NC	8	0:09:00	6:45 AM	
96	Endorphasm	Mixed	Richmond	VA	8	0:09:00	6:45 AM	
97	Brood X-Men	Master	Charlotte	NC	9	0:09:00	6:45 AM	
98	DBB - F3 Carpex	Master	Apex	NC	9	0:09:00	6:45 AM	
99	Early Morning Woodbridge	Open	Charlotte	NC	9	0:09:00	6:45 AM	
100	F3 Up 'N Over	Open	Charlotte	NC	9	0:09:00	6:45 AM	6
9	FML	Ultra	Holly Springs	NC	4	0:07:00	6:30 AM	
10	It's Just Running	Ultra	Raleigh	NC	4	0:07:00	6:30 AM	
15	My Crew Run Run	Ultra	Holly Springs	NC	4	0:07:15	6:30 AM	
89	F3 Cape Fear	Ultra	Wilmington	NC	5	0:08:52	6:30 AM	
93	F3 Carpex Pick Up The Six Man	Ultra	Cary	NC	6	0:09:00	6:30 AM	
94	F3 Straight Outta Dad Jokes	Ultra	Woodstock	GA	6	0:09:00	6:30 AM	6
130	F3 Incognitians	Open	Huntersville	NC	12	0:09:30	6:15 AM	
131	F3 Ironworks	Open	Spartanburg	SC	12	0:09:30	6:15 AM	
132	F3 Mountain Goat 12	Open	Charlotte	NC	12	0:09:30	6:15 AM	
133	FLO-RIDERS	Open	JAX	FL	12	0:09:30	6:15 AM	
134	Gummed Up Goats Milk	Open	Holly Springs	NC	12	0:09:30	6:15 AM	
135	Movin' Microbes	Open	Durham	NC	12	0:09:30	6:15 AM	
136	No More Mister Nice Thigh	Open	Columbia	SC	12	0:09:30	6:15 AM	7

123	#WormElite	Open	Charlotte	NC	8	0:09:30	6:00 AM	7
125	18 F3 ET	Open	Holly Springs	NC	9	0:09:30	6:00 AM	
126	Coop Strong	Open	Greenville	NC	9	0:09:30	6:00 AM	
127	F3 PTSD	Open	Greenville	NC	9	0:09:30	6:00 AM	
128	S.W.A.T.T.	Open	Greenville	NC	9	0:09:30	6:00 AM	
129	WTF3	Open	Charlotte	NC	9	0:09:30	6:00 AM	
137	Tenacity in Pursuit	Mixed	Asheville	NC	12	0:09:30	6:00 AM	
140	Masters of Sole	Master	Holly Springs	NC	12	0:09:40	5:45 AM	6
141	12-NITRO	Open	West Jefferson	NC	12	0:09:43	5:45 AM	
143	Agony of Dafeet	Open	Raleigh	NC	12	0:09:45	5:45 AM	
145	Mountain Misfits	Open	Fuquay Varina	NC	12	0:09:45	5:45 AM	
146	F3 Carpex Okay Boomer	Grand Master	Cary	NC	12	0:09:50	5:45 AM	
152	F3 Carpex Traveling Circus	Open	Cary	NC	12	0:10:00	5:45 AM	
120	F3 Cape Fear: Respect Deez Nuts	Ultra Master	Wilmington	NC	6	0:09:30	5:30 AM	
121	Hop, Stout and Run	Ultra Master	Elkin	NC	6	0:09:30	5:30 AM	
122	Premature Acceleration	Ultra	Atlanta	GA	6	0:09:30	5:30 AM	
124	We ARE the Brute Squad	Mixed	Charlotte	NC	8	0:09:30	5:30 AM	
138	Mountain MaFiA #1	Women	Charlotte	NC	10	0:09:35	5:30 AM	
153	F3 Worst Pace Scenario	Open	Roswell	GA	12	0:10:00	5:30 AM	
144	F3 Deez Lug Nutz	Open	Mooresville	NC	12	0:09:45	5:15 AM	6
148	F3 ENC - Leftovers	Open	Greenville	NC	9	0:10:00	5:15 AM	
149	Tipsy Chicks + Tony	Mixed	Goldsboro	NC	9	0:10:00	5:15 AM	
150	Beer City Asphalt Kickers	Mixed	Asheville	NC	10	0:10:00	5:15 AM	
155	GET OFF MY LAWN!	Grand Master	Raleigh	NC	12	0:10:00	5:15 AM	
156	UNC Fast & Blast	Mixed	Chapel Hill	NC	12	0:10:00	5:15 AM	
142	Team Hartzler	Ultra	Woodstock	GA	6	0:09:44	5:00 AM	6
147	"Sometimes Quickly, Sometimes Slowly"	Mixed	Charlotte	NC	8	0:10:00	5:00 AM	
151	Squirrely Mountain Savages	Mixed	Charlotte	NC	10	0:10:00	5:00 AM	
154	Flatlanders	Women	Morehead City/Beau	NC	12	0:10:00	5:00 AM	
157	Lori & The Tatas	Women	Halifax	VA	12	0:10:15	5:00 AM	
158	Where The Wild Things Run	Women	Chapel Hill	NC	12	0:10:20	5:00 AM	
159	RuckerFellas	Ruck	Greenville	NC	12	0:15:30		