

2022 Blue Ridge Relay
 Team Seeding and Start Times
 Friday, September 9, 2022
 Sorted by ABC

Seed	Team	Category	City	State	Runners	Seed Time	Start Time
94	#SLAPPERS1	Mixed	Clermont	FL	12	0:09:03	7:00 AM
145	12-NITRO	Open	West Jefferson	NC	12	0:10:06	5:40 AM
52	18 F3ET	Open	Holly Springs	NC	9	0:08:30	8:20 AM
82	Agape	Mixed	Durham	NC	12	0:09:00	7:40 AM
47	Agony of Dafeet	Open	Raleigh	NC	12	0:08:25	8:40 AM
95	Arthritico	Mixed	Chapel Hill	NC	12	0:09:06	7:20 AM
109	Ashe CrossFit	Open	West Jefferson	NC	12	0:09:20	7:00 AM
69	B. A. R. F.	Open	Boone	NC	12	0:08:45	9:00 AM
77	BR6	Ultra	Holly Springs	NC	6	0:09:00	6:40 AM
38	Buckhead Boys	Master	Atlanta	GA	12	0:08:10	9:40 AM
2	Bull City Men's Masters	Master	Durham	NC	12	0:05:50	12:00 PM
6	Bull City Track Club Ladies	Women	Durham	NC	11	0:06:40	11:30 AM
36	Buttermilque Toast - Extra Crispy	Open	Richmond	VA	12	0:08:05	9:40 AM
37	Buttermilque Toast - Zesty	Open	Richmond	VA	12	0:08:05	9:40 AM
102	Chafing The Dream	Open	Jacksonville	FL	12	0:09:15	7:00 AM
34	Chapel Thrill	Mixed	Chapel Hill	NC	12	0:08:00	10:30 AM
28	Chupacabra	Ultra Mixed	Asheville	NC	6	0:08:00	9:20 AM
123	Cirque du Sore Legs	Women	Chapel Hill	NC	12	0:09:32	5:40 AM
128	Cookie Pouch Express	Open	Apex	NC	12	0:09:45	5:20 AM
115	CoopStrong	Open	Greenville	NC	9	0:09:30	5:40 AM
138	Crystal Coast Ho Touch	Women	Morehead City	NC	12	0:10:00	5:00 AM
53	Dark Side of F3 Raleigh	Open	Raleigh	NC	9	0:08:30	8:20 AM
31	Dashing pirates	Mixed	Statesville	NC	8	0:08:00	9:20 AM
120	Deez Lug Nutz	Open	Mooresville	NC	12	0:09:30	5:40 AM
70	Defiant Jazz	Open	Durham	NC	12	0:08:45	8:20 AM
83	Deluded Soles	Open	Cookeville	TN	12	0:09:00	7:40 AM
139	Determined Divas and a Dude	Mixed	Newland	NC	12	0:10:00	5:00 AM
84	Dump and Chase - F3 Churham	Open	Durham	NC	12	0:09:00	7:40 AM
99	Early Morning Woodbridge	Open	Charlotte	NC	9	0:09:15	6:40 AM
78	Endorphasm 6	Ultra Mixed	Richmond	VA	6	0:09:00	6:40 AM
79	Endorphasm 9	Mixed	Richmond	VA	8	0:09:00	6:40 AM
41	F3 6 Joco Locos	Ultra	Johnston County	NC	6	0:08:15	8:00 AM
140	F3 Alpha - Cumming in Hot	Open	Cumming	GA	12	0:10:00	5:20 AM
85	F3 Alpha Ep. 3: Revenge of the Six	Open	Johns Creek	GA	12	0:09:00	7:20 AM
86	F3 Alpha Norse-icon-Jammers	Open	Alpharetta	GA	12	0:09:00	7:20 AM
68	F3 Beer Pressure 10-Pack	Open	Concord	NC	10	0:08:45	8:20 AM
108	F3 Beer Pressure 12-Pack	Open	Concord	NC	12	0:09:18	7:00 AM
21	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:42	9:20 AM
35	F3 Birmingham	Open	Birmingham	AL	12	0:08:00	9:40 AM
130	F3 Board of Directors	Grand Master	Richmond	VA	10	0:09:49	6:00 AM
116	F3 Cape Fear Rising - Team 9	Open	Wilmington	NC	9	0:09:30	6:20 AM
111	F3 Cape Fear Ultra	Ultra	Wilmington	NC	6	0:09:30	5:40 AM
64	F3 Carpex - Pick Up the Six Man	Ultra	Carpex	NC	6	0:08:45	7:40 AM
62	F3 Carpex - Repeato's Redemption Runners	Ultra	Cary	NC	6	0:08:40	8:00 AM
132	F3 Carpex Beer, Run, Repeat	Open	Apex	NC	12	0:09:55	5:20 AM
48	F3 Carpex Beige Bros	Ultra	Cary/Apex	NC	6	0:08:30	8:00 AM
49	F3 Carpex Strugglebus	Ultra	Apex	NC	6	0:08:30	8:00 AM
103	F3 Carterico - Crabby	Open	Morehead City	NC	12	0:09:15	7:00 AM
44	F3 Carterico - Pedro's Passengers	Open	Morehead City	NC	12	0:08:15	9:40 AM
131	F3 Corporate	Open	Richmond	VA	12	0:09:52	6:00 AM
104	F3 Crossroads	Open	Statesville	NC	12	0:09:15	7:00 AM
58	F3 Denver of the East	Open	Denver	NC	12	0:08:30	8:40 AM
25	F3 Dropped	Open	Charlotte	NC	9	0:07:50	10:30 AM
66	F3 Government Cheese	Master	Raleigh	NC	9	0:08:45	8:00 AM

121	F3 Grand Strand Worst Pace Scenario	Open	Myrtle Beach SC	SC	12	0:09:30	6:20 AM
33	F3 Hogwallow Skunk Works OG's	Master	Roswell	GA	9	0:08:00	9:20 AM
43	F3 Hogwallow Skunk Works Young Guns	Open	Roswell	GA	9	0:08:15	8:40 AM
141	F3 Hogwallow The Family Juuls	Open	Roswell	GA	12	0:10:00	6:00 AM
87	F3 Ironworks	Open	Spartanburg	SC	12	0:09:00	7:40 AM
54	F3 JOCOGA Regulators	Open	Garner	NC	9	0:08:30	8:20 AM
45	F3 KC Clown Car	Open	Overland Park	KS	11	0:08:20	9:40 AM
136	F3 Leftovers	Open	Greenville	NC	9	0:10:00	5:20 AM
88	F3 Lexington B Arrgghhh Arrgghh	Open	Lexington	SC	12	0:09:00	7:40 AM
46	F3 Lost Colony	Open	Raleigh	NC	9	0:08:25	8:40 AM
89	F3 Lowes' Bros	Open	Harleysville	PA	12	0:09:00	7:40 AM
122	F3 Mountain Goat 12	Open	Charlotte	NC	12	0:09:30	6:00 AM
76	F3 Sister Maria's Flying Caballeros	Open	Raleigh	NC	12	0:08:56	7:40 AM
67	F3 South Cary Legacy	Open	Cary	NC	9	0:08:45	8:00 AM
105	F3 South Cary Men's Division	Open	Cary	NC	12	0:09:15	7:00 AM
96	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:09:10	7:20 AM
112	F3 Ultra	Ultra Master	Hickory	NC	6	0:09:30	5:40 AM
12	F3 Ultra Unprofessional Running Team	Ultra	Holly Springs	NC	6	0:07:15	10:00 AM
106	F3JAX Quads of Fury	Open	Jacksonville	FL	12	0:09:15	6:40 AM
71	Fillnow Flyers 1	Open	Charlotte	NC	12	0:08:45	9:00 AM
72	Fillnow Flyers 2	Open	Charlotte	NC	12	0:08:45	9:00 AM
146	FL Flatlanders	Master Mixed	Lakeland	FL	12	0:10:08	5:00 AM
55	Flying Foxes	Open	Charlotte	NC	9	0:08:30	8:20 AM
101	Fuquay Mafia	Open	Fuquay Varina	NC	10	0:09:15	6:40 AM
61	Generational Time "Laps"	Ultra	Knoxville	TN	6	0:08:35	8:00 AM
142	Get Off My Lawn	Grand Master	Raleigh	NC	12	0:10:00	6:00 AM
29	Goat Runners	Ultra Master	Fort Mill	SC	6	0:08:00	9:20 AM
14	Goats Gazelles & 2 Englishmen 1	Ultra	Durham	NC	6	0:07:30	10:00 AM
15	Goats Gazelles & 2 Englishmen 2	Ultra	Raleigh	NC	6	0:07:30	10:00 AM
56	Gone Fishin!	Open	Lake Wylie	SC	9	0:08:30	8:20 AM
59	Greene County XC Alumni	Open	Mosheim	TN	12	0:08:30	8:40 AM
22	Greg's Reptiles	Mixed	Asheville	NC	12	0:07:45	10:30 AM
7	GT Milk and Cookie Boys	Ultra Master	Oxford	OH	6	0:06:45	10:00 AM
23	Hey Jack!	Master	Hickory	NC	12	0:07:45	10:30 AM
63	Hickory Knuts	Open	Hickory	NC	12	0:08:40	9:00 AM
73	Hood to Highland	Open	Holly Springs	NC	12	0:08:45	8:20 AM
124	Hopping Nomads	Open	Durham	NC	12	0:09:36	6:20 AM
107	Howard's Misty Mountaineers	Grand Master	Blowing Rock	NC	12	0:09:15	7:00 AM
50	I Wanna FLEX-You-UP!	Ultra Master	Charlotte	NC	6	0:08:30	8:00 AM
4	Jim Bois	Ultra	Raleigh	NC	6	0:06:20	10:00 AM
129	Kitty G and the Breathless Wonders	Mixed	Charlotte	NC	12	0:09:45	6:00 AM
57	Lactic Asses	Open	Fort Mill	SC	11	0:08:30	8:40 AM
113	Lactic Asses - LITE	Mixed	Fort Mill	SC	8	0:09:30	6:20 AM
17	Lady Regerts	Women	Asheville	NC	12	0:07:30	11:00 AM
90	Legs Miserables	Mixed	Summerfield	NC	12	0:09:00	7:40 AM
26	Leicester Highway Running Collective	Open	Charlotte	NC	12	0:07:55	10:00 AM
18	Making Do 3	Open	Charlotte	NC	12	0:07:30	11:00 AM
16	Mary Jane's Last Dance	Ultra	Greenville	NC	6	0:07:30	9:20 AM
125	Master's of Sole	Master	Holly Springs	NC	11	0:09:40	5:20 AM
148	Movin' Microbes	Open	Durham	NC	12	0:10:20	5:40 AM
1	Mucca Mad Bois	Open	Palo Alto	CA	10	0:05:10	1:30 PM
126	Muddy Undies	Master	Charlotte	NC	12	0:09:40	5:20 AM
8	Not Dead Yet	Open	Brevard	NC	12	0:06:48	11:30 AM
100	Old Guys Running Elite - O.G.R.E.'s	Grand Master	Davidson	NC	9	0:09:15	6:40 AM
60	Only Vans	Open	Charlotte	NC	12	0:08:30	8:40 AM
97	Ours Got Stolen	Open	Augusta	GA	12	0:09:10	7:20 AM
117	Peak City Hill Hunters	Open	Apex	NC	9	0:09:30	6:20 AM
39	People Launching	Open	Raleigh	NC	12	0:08:10	9:40 AM
11	People Launching Ultra	Ultra	Raleigh	NC	6	0:07:05	10:00 AM

