

NOTE: Legs highlighted in **YELLOW** have been updated for 2022.

Blue Ridge Relay Leg Summary Chart

Leg	Miles	Rating	Elevation + (ft)	Elevation - (ft)	Max Elev. (ft)	Min Elev. (ft)
1	3.9	Easy	21	1031	4919	3901
2	7.5	Hard	406	1539	3933	2774
3	5.2	Moderate	400	479	3107	2690
4	6.9	Hard	755	379	3125	2584
5	4.8	Moderate	404	325	3162	2912
6	6.8	Hard	979	989	3563	2987
7	2.3	Easy	165	141	3226	3095
8	3.1	Easy	326	378	3343	3061
9	4.6	Easy	186	401	3134	2904
10	5.3	Easy	315	166	3085	2918
11	4.4	Moderate	368	151	3267	2965
12	5.9	Moderate	341	534	3267	3037
13	3.9	Easy	131	87	3120	3075
14	7.6	Very Hard	825	397	3843	3120
15	6.2	Hard	532	539	3874	3451
16	10.5	Very Hard	1222	493	4311	3560
17	6.1	Moderate	266	902	4286	3618
18	5.0	Moderate	570	370	3562	4071
19	5.8	Moderate	31	966	3837	2869
20	3.8	Easy	148	184	2895	2763
21	8.0	Very Hard	1019	985	3209	2710
22	2.6	Easy	23	358	2867	2494
23	4.8	Moderate	513	328	2727	2504
24	5.8	Moderate	338	598	2917	2436
25	4.3	Moderate	287	244	2492	2290
26	4.4	Moderate	543	613	2570	2187
27	9.3	Hard	552	649	2513	2071
28	8.4	Hard	692	280	2746	2332
29	4.1	Easy	326	262	2823	2653
30	4.3	Moderate	420	391	3157	2780
31	6.7	MG Hard	1405	4	4263	2861
32	9.3	Very Hard	5	2079	4264	2185
33	5.3	MG Hard	910	678	3097	2188
34	4.5	Moderate	244	413	2426	2101
35	9.4	Very Hard	1146	1214	2887	2102
36	6.3	Hard	618	673	2454	2015