

Blue Ridge Relay Leg Summary Chart

Leg	Miles	Rating	Elevation + (ft)	Elevation - (ft)	Max Elev. (ft)	Min Elev. (ft)
1	3.9	Easy	20	-1029	4919	3901
2	7.5	Hard	406	-1539	3933	2774
3	5.2	Moderate	406	-485	3107	2690
4	6.9	Hard	753	-377	3125	2584
5	4.8	Moderate	404	-325	3162	2912
6	6.8	Hard	979	-990	3563	2987
7	2.3	Easy	165	-148	3226	3095
8	3.1	Easy	326	-378	3343	3061
9	4.6	Easy	186	-401	3134	2904
10	5.3	Easy	315	-166	3085	2918
11	8.7	Very Hard	781	-619	3411	2959
12	6.3	Hard	686	-617	3506	3139
13	9.3	Very Hard	978	-719	3840	3205
14	6.2	Hard	532	-539	3874	3451
15	10.5	Very Hard	1207	-495	4311	3560
16	3.1	Easy	16	-659	4286	3618
17	2.9	Easy	247	-225	3871	3618
18	4.9	Moderate	570	-370	4071	3562
19	5.8	Moderate	31	-966	3837	2869
20	3.8	Easy	160	-192	2895	2763
21	8.0	Very Hard	1019	-985	3209	2710
22	2.6	Easy	23	-358	2867	2494
23	4.8	Moderate	513	-328	2727	2504
24	5.8	Moderate	338	-598	2917	2436
25	4.3	Moderate	287	-244	2492	2290
26	4.4	Moderate	543	-613	2570	2187
27	9.3	Hard	552	-649	2513	2071
28	8.4	Hard	674	-264	2711	2332
29	4.1	Easy	326	-262	2825	2602
30	4.3	Moderate	420	-391	2861	2680
31	6.7	MG Hard	1405	-4	4263	2861
32	9.3	Very Hard	5	-2079	4264	2185
33	5.3	MG Hard	910	-678	3097	2188
34	4.5	Moderate	296	-284	2431	2182
35	4.2	Hard	945	-265	3363	2427
36	9.0	Very Hard	309	-1309	3201	2032