

2023 Blue Ridge Relay
 Team Seeding and Start Times
 Friday, September 8, 2023
 Sorted by ABC

Seed	Team	Category	City	State	Runners	Seed Time	Start Time
129	"Here to run, have fun, get it done!"	Ultra Mixed Master	Knoxville	TN	6	0:09:45	5:30 AM
146	12-NITRO	Open	West Jefferson	NC	12	0:10:07	5:00 AM
109	18 F3ET	Open	Holly Springs	NC	8	0:09:30	5:30 AM
117	Agony of Dafeet	Open	Raleigh	NC	12	0:09:30	6:30 AM
12	Altitude Sickness	Ultra	Charlotte	NC	6	0:06:50	10:30 AM
111	Animal Farm 2	Mixed	Asheville	NC	9	0:09:30	5:30 AM
134	Ashe Crossfit	Mixed	West Jefferson	NC	12	0:09:50	6:30 AM
69	B and G Express	Ultra Mixed	Asheville	NC	6	0:08:45	7:30 AM
73	B.A.R.F.	Open	Boone	NC	12	0:08:45	8:30 AM
9	B.R.E.A.K. M.E. (Bold Runners Exploring the Appalac	Open	Charlotte	NC	11	0:06:45	11:30 AM
118	Between A Walk And A Hard Pace	Open	Morganton	NC	12	0:09:30	6:30 AM
1	Big Bad Wolves	Ultra	Raleigh	NC	6	0:05:45	12:00 PM
51	Blue Steel Running Club	Open	San Francisco	CA	8	0:08:30	8:00 AM
26	Boone Bandits	Open	Boone	NC	12	0:07:45	11:00 AM
48	Bourbon Chasers	Ultra	Durham	NC	5	0:08:30	6:00 AM
53	Buckets of Agony	Open	Charlotte	NC	9	0:08:30	8:00 AM
2	Bull City Masters	Master	Durham	NC	12	0:05:50	12:00 PM
5	Bull City Track Club Ladies	Women	Durham	NC	12	0:06:22	12:00 PM
43	Bull City Track Club Open	Open	Durham	NC	12	0:08:15	10:00 AM
30	Buttermilque Toast - Extra Crispy	Open	Richmond	VA	12	0:07:50	10:30 AM
31	Buttermilque Toast - Zesty	Open	Richmond	VA	12	0:07:50	10:30 AM
131	Carolina Beer Temple	Open	Matthews	NC	12	0:09:45	5:30 AM
33	Chadburn & The Chub Rubs	Ultra	Greenville	SC	6	0:08:00	8:00 AM
83	Chafing the Dream	Mixed	Knoxville	TN	12	0:09:00	6:00 AM
52	Channel the Goats	Open	Holly Springs	NC	8	0:08:30	8:00 AM
59	Club Or Die	Open	Chapel Hill	NC	12	0:08:30	9:00 AM
147	Coopstrong	Open	Greenville	NC	9	0:10:30	5:00 AM
84	Corvus Rockers	Open	Spartanburg	SC	12	0:09:00	6:00 AM
96	Couch to BRR	Mixed	Lebanon	OH	12	0:09:11	7:00 AM
44	Craft And Draft Track Club	Open	Columbia	SC	12	0:08:15	10:00 AM
119	Damn Yankees - F3	Open	Riverside	PA	12	0:09:30	6:30 AM
54	Dark Side	Open	Raleigh	NC	9	0:08:30	8:00 AM
18	Dark Side Funeral Procession	Open	Raleigh	NC	9	0:07:20	10:30 AM
46	Dashing pirates	Mixed	Statesville	NC	8	0:08:25	8:00 AM
120	Deez Lug Nutz	Open	Mooresville	NC	12	0:09:30	6:30 AM
80	Disney Stunt Double Rejects	Open	Raleigh	NC	9	0:09:00	7:30 AM
60	Dorks in Shorts	Open	Huntsville	AL	12	0:08:30	9:00 AM
135	Drinkers With A Running Problem	Mixed	Denton	TX	12	0:10:00	5:00 AM
61	Dump and Chase: F3 Churham	Open	Durham	NC	12	0:08:30	9:00 AM
85	Electri:City Slickers	Open	Lenoir	NC	12	0:09:00	6:00 AM
121	F3 - "Mixed Bag of Nuts"	Open	High Point	NC	12	0:09:30	6:30 AM
132	F3 - Back on the Bus	Open	Holly Springs	NC	12	0:09:45	5:30 AM
22	F3 7 Joco Locos	Open	Johnston County	NC	7	0:07:30	10:00 AM
72	F3 Alpha - Cropdusters	Open	Johns Creek	GA	9	0:08:45	7:30 AM
86	F3 ALPHA: Goat Herders & Wolf Tamers	Open	Alpharetta	GA	12	0:09:00	6:00 AM
122	F3 and Home Church	Open	Roswell	GA	12	0:09:30	6:30 AM
98	F3 Bad News Bears	Open	Concord	NC	12	0:09:15	7:00 AM
24	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:45	9:00 AM
151	F3 BRUCO	Ruck	Southport	NC	9	0:18:00	6:00 AM
49	F3 Carpex SL1DILLIGAF	Ultra	Cary	NC	6	0:08:30	7:30 AM
99	F3 Carterico - Crabby	Open	Morehead City	NC	12	0:09:15	7:00 AM
100	F3 Crossroads	Open	Statesville	NC	12	0:09:15	7:00 AM
87	F3 Denver of the East	Open	Denver	NC	12	0:09:00	6:00 AM
25	F3 Dropped	Open	Charlotte	NC	9	0:07:45	10:30 AM

62	F3 Government Cheese	Master	Raleigh	NC	12	0:08:30	9:00 AM
37	F3 Ironworks	Open	Spartanburg	SC	12	0:08:00	10:00 AM
101	F3 Jax - HIMs 4 HEISENBERG	Open	Jacksonville	FL	12	0:09:15	7:00 AM
63	F3 KC Fountain City Fastholes	Open	Overland Park	KS	12	0:08:30	9:00 AM
140	F3 Lexington	Open	Lexington	SC	12	0:10:00	5:00 AM
78	F3 Lexington 6	Ultra	Lexington	SC	6	0:09:00	5:30 AM
97	F3 Mountain Goat 9	Open	Charlotte	NC	10	0:09:15	7:00 AM
17	F3 Peak City Pain Train	Ultra	Apex	NC	6	0:07:15	10:00 AM
137	F3 Sandhills - 9	Open	Pinehurst	NC	9	0:10:00	5:00 AM
88	F3 Sandhills Team Omega	Open	Pinehurst	NC	12	0:09:00	6:00 AM
55	F3 South Cary Legends	Open	Raleigh	NC	9	0:08:30	8:00 AM
108	F3 South Cary Pineapple Express	Open	Cary	NC	9	0:09:29	5:30 AM
95	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:09:10	7:00 AM
138	F3 Summerville	Open	Summerville	SC	9	0:10:00	5:00 AM
56	F3 Up N Over	Master	Charlotte	NC	9	0:08:30	8:00 AM
38	F3 World Champs	Open	Birmingham	AL	12	0:08:00	10:00 AM
74	Fillnow Flyers 1	Open	Charlotte	NC	12	0:08:45	8:30 AM
75	Fillnow Flyers 2	Open	Charlotte	NC	12	0:08:45	8:30 AM
32	Flying Foxes - Grand Master	Grand Master	Charlotte	NC	12	0:07:52	9:30 AM
81	Foothills Run Club	Open	Seneca	SC	10	0:08:55	7:00 AM
47	Gang Green Josh Neuman Foundation	Master Mixed	Charlotte	NC	12	0:08:25	9:30 AM
123	Get Off My Lawn	Grand Master	Raleigh	NC	12	0:09:30	6:30 AM
64	Go West Old Man	Open	Winston-Salem	NC	12	0:08:30	9:00 AM
50	GoatBusters	Ultra	Charlotte	NC	6	0:08:30	7:30 AM
13	GT Milk & Cookie Boys	Ultra Master	Raleigh	NC	6	0:06:50	7:30 AM
148	Hakuna Ma Tatas	Women	Mooresville	NC	12	0:10:30	5:00 AM
124	Half Fast Runners of Boone	Open	Boone	NC	12	0:09:30	6:30 AM
89	Harris YMCA All Stars	Master	Charlotte	NC	12	0:09:00	6:00 AM
27	Heels On The Hills	Open	Chapel Hill	NC	12	0:07:45	11:00 AM
90	Here To Finish	Open	Charlotte	NC	12	0:09:00	6:00 AM
28	Hey Jack!!	Master	Hickory	NC	12	0:07:45	11:00 AM
67	Hickory Knuts	Open	Hickory	NC	12	0:08:40	8:30 AM
128	Hopping Nomads	Open	Durham	NC	12	0:09:42	6:30 AM
79	House of Olson	Ultra	Holly Springs	NC	6	0:09:00	5:30 AM
102	Howard's Misty Mountaineers	Grand Master	Blowing Rock	NC	12	0:09:15	7:00 AM
6	Jill's Joggers	Mixed	Durham	NC	12	0:06:30	12:00 PM
65	Knight Climbers	Mixed	Cary	NC	12	0:08:30	9:00 AM
91	Lactic Asses	Open	Fort Mill	SC	12	0:09:00	6:00 AM
112	Lactic Asses - LITE	Master Mixed	Fort Mill	SC	9	0:09:30	5:30 AM
16	Lady Regerts	Ultra Women	Asheville	NC	6	0:07:10	10:00 AM
14	Making Do 4	Open	Charlotte	NC	10	0:07:00	11:30 AM
20	Mary Jane's Last Dance	Ultra	Greenville	NC	6	0:07:30	10:00 AM
103	Masters of Sole	Master	Holly Springs	NC	12	0:09:15	7:00 AM
41	May The Runs Be With You - F3 JOCOGA	Ultra	Garner	NC	6	0:08:15	8:00 AM
104	Mediocre Milers	Mixed	Sylva	NC	12	0:09:15	7:00 AM
141	Movin' Microbes	Open	Durham	NC	12	0:10:00	5:00 AM
4	No Goats, No Gazelles, Just One Englishman	Solo	Davidson	NC	1	0:06:20	12:00 PM
8	Norm's Maggots	Ultra	Asheville	NC	6	0:06:45	10:30 AM
105	North Florida Asphalt Kickers	Open	Jacksonville	FL	12	0:09:15	7:00 AM
136	Not Fast, Just Furious	Ultra Master Mixed	Cornelius	NC	6	0:10:00	5:00 AM
106	O Van, Where Art Thou?	Open	Augusta	SC	12	0:09:15	7:00 AM
70	Oh, Hill No!	Ultra Women	Blacksburg	VA	6	0:08:45	7:30 AM
76	Ottawa Patrol	Open	Winston-Salem	NC	12	0:08:45	8:30 AM
113	Peak City Happy Dinos	Open	Apex	NC	9	0:09:30	5:30 AM
40	People Launching	Open	Raleigh	NC	12	0:08:10	9:30 AM
15	People Launching Ultra	Ultra	Knoxville	TN	6	0:07:05	10:00 AM
114	Pirates Till Somone Dies - PTSD	Open	Greenville	NC	9	0:09:30	5:30 AM
92	Premature Acceleration	Master	Lincolnton	NC	12	0:09:00	6:00 AM
142	Pure T Mommicked	Women	Morehead City	NC	12	0:10:00	5:00 AM

3	Queen City Masters	Master	Charlotte	NC	12	0:05:55	12:00 PM
34	Quickstep Collective	Open	Charlotte	NC	9	0:08:00	9:30 AM
36	Rock Hill Striders	Master	Rock Hill	SC	11	0:08:00	9:30 AM
150	Rogue Ruckers	Ruck	Greenville	NC	12	0:16:00	6:00 AM
152	Ruck Stars	Ruck	Kinston	NC	12	0:18:00	6:00 AM
149	Rucker Fellas	Ruck	Greenville	NC	12	0:15:00	6:00 AM
125	Runners in the Hands of an Angry God	Master Mixed	10 States	USA	12	0:09:30	6:30 AM
143	Running in Circles	Women Master	Chapel Hill	NC	12	0:10:00	5:00 AM
130	RUNNINGJUSTASFASTASWECAN	Mixed	Raleigh	NC	9	0:09:45	5:30 AM
7	Runologie Track Club	Mixed	Raleigh	NC	12	0:06:30	12:00 PM
115	S.W.A.T.T.	Open	Greenville	NC	9	0:09:30	5:30 AM
82	Salem Sprinters	Open	Winston-Salem	NC	11	0:09:00	7:00 AM
116	Saucy Stallions	Open	Greenville	NC	9	0:09:30	5:30 AM
133	Scrambled Legs and Hammies	Open	Clemson	SC	8	0:09:50	5:00 AM
126	Sister Maria's Flying Caballeros	Open	Raleigh	NC	12	0:09:30	6:30 AM
93	Sole Sisters of Lenoir	Women	Lenoir	NC	12	0:09:00	6:00 AM
127	Sour Power	Master Mixed	Chapel Hill	NC	12	0:09:30	6:30 AM
66	Space Cats	Open	Knoxville	TN	12	0:08:30	9:00 AM
68	Summerfield Stragglers	Mixed	Summerfield	NC	12	0:08:40	8:30 AM
144	TDF: Tortoise De Furious	Open	Cary	NC	12	0:10:00	5:00 AM
77	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:30 AM
58	The Debulkers	Open	Durham	NC	11	0:08:30	9:00 AM
19	THE GU GUYS	Ultra	Raleigh	NC	5	0:07:30	6:00 AM
107	The Newbie Crewbie	Open	Durham	NC	12	0:09:15	7:00 AM
57	The Oakhurst 9	Open	Charlotte	NC	9	0:08:30	8:00 AM
10	THE RUNS	Open	Charlotte	NC	12	0:06:45	11:30 AM
35	To the Nines	Open	Cary	NC	9	0:08:00	9:30 AM
23	Tri-State Striders	Open	Spartanburg	SC	12	0:07:30	11:00 AM
94	Tsinghua & Friends	Mixed	Ashburn	VA	12	0:09:00	6:00 AM
71	Ultra Mountain Lions	Ultra Master	Salisbury	NC	6	0:08:45	7:30 AM
21	Ultra Unprofessional Running Team	Ultra	Holly Springs	NC	6	0:07:30	10:00 AM
145	VA Creepers	Open	Roanoke	VA	12	0:10:00	5:00 AM
39	Victorious Secret	Women	Asheville	NC	12	0:08:05	9:30 AM
11	Ville Billies	Mixed	Baton Rouge	LA	12	0:06:45	11:30 AM
139	W.T.F (Where's The Finish?)	Open	Sparta	NC	9	0:10:00	5:00 AM
45	We've Got The Runs!	Master	Pittsboro	NC	9	0:08:20	8:00 AM
110	WORM-Elite	Open	Charlotte	NC	8	0:09:30	5:30 AM
42	Your Turn Bro	Ultra	Fort Mill	SC	6	0:08:15	8:00 AM
29	Zoom Raiders	Open	Durham	NC	12	0:07:45	11:00 AM