

2023 Blue Ridge Relay
 Team Seeding and Start Times
 Friday, September 8, 2023
 Sorted by Category

Rank	Seed	Team	Category	City	State	Runners	Seed Time	Start Time
1	143	Running in Circles	Women Master	Chapel Hill	NC	12	0:10:00	5:00 AM
1	5	Bull City Track Club Ladies	Women	Durham	NC	12	0:06:22	12:00 PM
2	39	Victorious Secret	Women	Asheville	NC	12	0:08:05	9:30 AM
3	93	Sole Sisters of Lenoir	Women	Lenoir	NC	12	0:09:00	6:00 AM
4	142	Pure T Mommicked	Women	Morehead City	NC	12	0:10:00	5:00 AM
5	148	Hakuna Ma Tatas	Women	Mooreville	NC	12	0:10:30	5:00 AM
1	16	Lady Regerts	Ultra Women	Asheville	NC	6	0:07:10	10:00 AM
2	70	Oh, Hill No!	Ultra Women	Blacksburg	VA	6	0:08:45	7:30 AM
1	13	GT Milk & Cookie Boys	Ultra Master	Raleigh	NC	6	0:06:50	7:30 AM
2	71	Ultra Mountain Lions	Ultra Master	Salisbury	NC	6	0:08:45	7:30 AM
3	129	"Here to run, have fun, get it done!"	Ultra Master Mixed	Knoxville	TN	6	0:09:45	5:30 AM
4	136	Not Fast, Just Furious	Ultra Master Mixed	Cornelius	NC	6	0:10:00	5:00 AM
1	69	B and G Express	Ultra Mixed	Asheville	NC	6	0:08:45	7:30 AM
1	1	Big Bad Wolves	Ultra	Raleigh	NC	6	0:05:45	12:00 PM
2	8	Norm's Maggots	Ultra	Asheville	NC	6	0:06:45	10:30 AM
3	12	Altitude Sickness	Ultra	Charlotte	NC	6	0:06:50	10:30 AM
4	15	People Launching Ultra	Ultra	Knoxville	TN	6	0:07:05	10:00 AM
5	17	F3 Peak City Pain Train	Ultra	Apex	NC	6	0:07:15	10:00 AM
6	19	THE GU GUYS	Ultra	Raleigh	NC	5	0:07:30	6:00 AM
7	20	Mary Jane's Last Dance	Ultra	Greenville	NC	6	0:07:30	10:00 AM
8	21	Ultra Unprofessional Running Team	Ultra	Holly Springs	NC	6	0:07:30	10:00 AM
9	24	F3 Big Swinging Six	Ultra	Harrisburg	NC	6	0:07:45	9:00 AM
10	33	Chadburn & The Chub Rubs	Ultra	Greenville	SC	6	0:08:00	8:00 AM
11	41	May The Runs Be With You - F3 JOCOGA	Ultra	Garner	NC	6	0:08:15	8:00 AM
12	42	Your Turn Bro	Ultra	Fort Mill	SC	6	0:08:15	8:00 AM
13	48	Bourbon Chasers	Ultra	Durham	NC	5	0:08:30	6:00 AM
14	49	F3 Carpex SL1DILLIGAF	Ultra	Cary	NC	6	0:08:30	7:30 AM
15	50	GoatBusters	Ultra	Charlotte	NC	6	0:08:30	7:30 AM
16	78	F3 Lexington 6	Ultra	Lexington	SC	6	0:09:00	5:30 AM
17	79	House of Olson	Ultra	Holly Springs	NC	6	0:09:00	5:30 AM

1	4	No Goats, No Gazelles, Just One Englishman	Solo	Davidson	NC	1	0:06:20	12:00 PM
1	149	Rucker Fellas	Ruck	Greenville	NC	12	0:15:00	6:00 AM
2	150	Rogue Ruckers	Ruck	Greenville	NC	12	0:16:00	6:00 AM
3	151	F3 BRUCO	Ruck	Southport	NC	9	0:18:00	6:00 AM
4	152	Ruck Stars	Ruck	Kinston	NC	12	0:18:00	6:00 AM
1	9	B.R.E.A.K. M.E. (Bold Runners Exploring the Appala	Open	Charlotte	NC	11	0:06:45	11:30 AM
2	10	THE RUNS	Open	Charlotte	NC	12	0:06:45	11:30 AM
3	14	Making Do 4	Open	Charlotte	NC	10	0:07:00	11:30 AM
4	18	Dark Side Funeral Procession	Open	Raleigh	NC	9	0:07:20	10:30 AM
5	22	F3 7 Joco Locos	Open	Johnston County	NC	7	0:07:30	10:00 AM
6	23	Tri-State Striders	Open	Spartanburg	SC	12	0:07:30	11:00 AM
7	25	F3 Dropped	Open	Charlotte	NC	9	0:07:45	10:30 AM
8	26	Boone Bandits	Open	Boone	NC	12	0:07:45	11:00 AM
9	27	Heels On The Hills	Open	Chapel Hill	NC	12	0:07:45	11:00 AM
10	29	Zoom Raiders	Open	Durham	NC	12	0:07:45	11:00 AM
11	30	Buttermilque Toast - Extra Crispy	Open	Richmond	VA	12	0:07:50	10:30 AM
12	31	Buttermilque Toast - Zesty	Open	Richmond	VA	12	0:07:50	10:30 AM
13	34	Quickstep Collective	Open	Charlotte	NC	9	0:08:00	9:30 AM
14	35	To the Nines	Open	Cary	NC	9	0:08:00	9:30 AM
15	37	F3 Ironworks	Open	Spartanburg	SC	12	0:08:00	10:00 AM
16	38	F3 World Champs	Open	Birmingham	AL	12	0:08:00	10:00 AM
17	40	People Launching	Open	Raleigh	NC	12	0:08:10	9:30 AM
18	43	Bull City Track Club Open	Open	Durham	NC	12	0:08:15	10:00 AM
19	44	Craft And Draft Track Club	Open	Columbia	SC	12	0:08:15	10:00 AM
20	51	Blue Steel Running Club	Open	San Francisco	CA	8	0:08:30	8:00 AM
21	52	Channel the Goats	Open	Holly Springs	NC	8	0:08:30	8:00 AM
22	53	Buckets of Agony	Open	Charlotte	NC	9	0:08:30	8:00 AM
23	54	Dark Side	Open	Raleigh	NC	9	0:08:30	8:00 AM
24	55	F3 South Cary Legends	Open	Raleigh	NC	9	0:08:30	8:00 AM
25	57	The Oakhurst 9	Open	Charlotte	NC	9	0:08:30	8:00 AM
26	58	The Debulkers	Open	Durham	NC	11	0:08:30	9:00 AM
27	59	Club Or Die	Open	Chapel Hill	NC	12	0:08:30	9:00 AM
28	60	Dorks in Shorts	Open	Huntsville	AL	12	0:08:30	9:00 AM
29	61	Dump and Chase: F3 Churham	Open	Durham	NC	12	0:08:30	9:00 AM
30	63	F3 KC Fountain City Fastholes	Open	Overland Park	KS	12	0:08:30	9:00 AM
31	64	Go West Old Man	Open	Winston-Salem	NC	12	0:08:30	9:00 AM
32	66	Space Cats	Open	Knoxville	TN	12	0:08:30	9:00 AM
33	67	Hickory Knuts	Open	Hickory	NC	12	0:08:40	8:30 AM
34	72	F3 Alpha - Cropdusters	Open	Johns Creek	GA	9	0:08:45	7:30 AM
35	73	B.A.R.F.	Open	Boone	NC	12	0:08:45	8:30 AM
36	74	Fillnow Flyers 1	Open	Charlotte	NC	12	0:08:45	8:30 AM
37	75	Fillnow Flyers 2	Open	Charlotte	NC	12	0:08:45	8:30 AM
38	76	Ottawa Patrol	Open	Winston-Salem	NC	12	0:08:45	8:30 AM
39	77	The Blue Ridge Streakers	Open	Charlotte	NC	12	0:08:50	8:30 AM
40	80	Disney Stunt Double Rejects	Open	Raleigh	NC	9	0:09:00	7:30 AM

41	81	Foothills Run Club	Open	Seneca	SC	10	0:08:55	7:00 AM
42	82	Salem Sprinters	Open	Winston-Salem	NC	11	0:09:00	7:00 AM
43	84	Corvus Rockers	Open	Spartanburg	SC	12	0:09:00	6:00 AM
44	85	Electri:City Slickers	Open	Lenoir	NC	12	0:09:00	6:00 AM
45	86	F3 ALPHA: Goat Herders & Wolf Tamers	Open	Alpharetta	GA	12	0:09:00	6:00 AM
46	87	F3 Denver of the East	Open	Denver	NC	12	0:09:00	6:00 AM
47	88	F3 Sandhills Team Omega	Open	Pinehurst	NC	12	0:09:00	6:00 AM
48	90	Here To Finish	Open	Charlotte	NC	12	0:09:00	6:00 AM
49	91	Lactic Asses	Open	Fort Mill	SC	12	0:09:00	6:00 AM
50	95	F3 Squirrel Gravy	Open	Waynesville	NC	12	0:09:10	7:00 AM
51	97	F3 Mountain Goat 9	Open	Charlotte	NC	10	0:09:15	7:00 AM
52	98	F3 Bad News Bears	Open	Concord	NC	12	0:09:15	7:00 AM
53	99	F3 Carterico - Crabby	Open	Morehead City	NC	12	0:09:15	7:00 AM
54	100	F3 Crossroads	Open	Statesville	NC	12	0:09:15	7:00 AM
55	101	F3 Jax - HIMs 4 HEISENBERG	Open	Jacksonville	FL	12	0:09:15	7:00 AM
56	105	North Florida Asphalt Kickers	Open	Jacksonville	FL	12	0:09:15	7:00 AM
57	106	O Van, Where Art Thou?	Open	Augusta	SC	12	0:09:15	7:00 AM
58	107	The Newbie Crewbie	Open	Durham	NC	12	0:09:15	7:00 AM
59	108	F3 South Cary Pineapple Express	Open	Cary	NC	9	0:09:29	5:30 AM
60	109	18 F3ET	Open	Holly Springs	NC	8	0:09:30	5:30 AM
61	110	WORM-Elite	Open	Charlotte	NC	8	0:09:30	5:30 AM
62	113	Peak City Happy Dinos	Open	Apex	NC	9	0:09:30	5:30 AM
63	114	Pirates Till Somone Dies - PTSD	Open	Greenville	NC	9	0:09:30	5:30 AM
64	115	S.W.A.T.T.	Open	Greenville	NC	9	0:09:30	5:30 AM
65	116	Saucy Stallions	Open	Greenville	NC	9	0:09:30	5:30 AM
66	117	Agony of Dafeet	Open	Raleigh	NC	12	0:09:30	6:30 AM
67	118	Between A Walk And A Hard Pace	Open	Morganton	NC	12	0:09:30	6:30 AM
68	119	Damn Yankees - F3	Open	Riverside	PA	12	0:09:30	6:30 AM
69	120	Deez Lug Nutz	Open	Mooresville	NC	12	0:09:30	6:30 AM
70	121	F3 - "Mixed Bag of Nuts"	Open	High Point	NC	12	0:09:30	6:30 AM
71	122	F3 and Home Church	Open	Roswell	GA	12	0:09:30	6:30 AM
72	124	Half Fast Runners of Boone	Open	Boone	NC	12	0:09:30	6:30 AM
73	126	Sister Maria's Flying Caballeros	Open	Raleigh	NC	12	0:09:30	6:30 AM
74	128	Hopping Nomads	Open	Durham	NC	12	0:09:42	6:30 AM

